

Trauma Informed Parenting SCIO

Scottish Charity No - SC049894

Annual Report and Financial Statements

For the year ended 31st January 2026

Trauma Informed Parenting

SCIO 049894

Independent examiner's report on the accounts

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in blue ink, consisting of stylized initials and a long horizontal line extending to the right.

THP Glasgow Limited
Chartered accountants
ICAS Firm Number 4381

Date: 22nd July 2026

Trauma Informed Parenting
Trustees' Annual Report
For the Year Ended 31 January 2026

The trustees have pleasure in presenting their report together with the financial statements for the year ended 31 January 2026

Reference and Administrative Information

Charity Name

Trauma Informed Parenting SCIO

Charity No

SC049894

Address

29 Darnley Crescent, Bishopbriggs, G64 3EU

Current Trustees

Kevin Denvir	Chair
Barbara Anderson	Secretary
Geraldine McKay	Treasurer
Gillian Whisker	
Sharon Genis	

Structure, Governance and Management

Constitution

The charity is a Scottish Charitable Incorporated Organisation (SCIO). It was registered in its current legal form on 24th January 2020

Appointment of trustees

The management committee, which meets quarterly, are the charity's trustees. Membership of the management committee is open to service users and volunteers. To allow for some continuity of the committee it is also open to interested members of the community. Trustees are elected at the annual general meeting which is held in February. There must be a minimum of three and a maximum of five trustees.

Trauma Informed Parenting
Trustees' Annual Report
For the Year Ended 31 January 2026

Objectives and Activities

Charitable purposes

The advancement of human rights, conflict resolution or reconciliation -to promote repair and connection in relationships and reduce the fight and flight response in previously reactive children. To teach parents to de-escalate potentially explosive interactions.

The relief of those in need-to support placements in crisis and prevent families breaking down. To support parents to better support children suffering from trauma. To build a safe and loving environment for traumatised children to learn to heal.

Objectives

To bring an awareness to the importance of a trauma informed approach when managing children's extremely challenging behaviour due to trauma or Neurodivergence. To help the adults see the fear that they and the child are living in, how that affects relationships and behaviours and equip them with skills to change dysfunctional generational patterns

Activities

TIP offer fully funded online and in-person workshops across Scotland for parents and caregivers to highlight the importance of a Trauma Informed approach. In the last 7 years TIP have reached over 10,000 parents and caregivers with this information. Where funding allows the charity offers this across the UK. They also offer on-going support and learning to maintain this change long term.

Fundraising

In May 2025 TIP took part in a fundraising fire walk to raise funds. When booking workshops there is an option to donate if participants wish to. A 30 day link to the workshop recording is also available for a donation.

Reserves policy

The trustees have a policy to maintain free reserves at a level equivalent to three months of unrestricted operating expenditure, to provide a contingency for income fluctuations and ensure continuity of services. At Year End January 2026 we had a total of £62,631.05 restricted reserves and £22,413.38 unrestricted reserves, and therefore we are in line with our reserves policy.

Trauma Informed Parenting
Trustees' Annual Report
For the Year Ended 31 January 2026

Plans for future period

The trustees intend to continue to develop the service further and increase capacity to meet the growing demand.



Kevin Denvir CEO

Date 30/03/2026



Barbara Anderson Treasurer

Date 06/04/2026

Trauma Informed Parenting
Statement of Receipts and Payments
For the Year Ended 31st January 2026

	Unrestricted Funds	Restricted Funds	Total 2026	Total 2025
Receipts				
Donations	2,094		2,094	8,424
Grants	20,000	102,511	122,511	3,239
Receipts from fundraising activities	8,026		8,026	61,380
Total receipts	<u>30,121</u>	<u>102,511</u>	<u>132,632</u>	<u>73,043</u>
Payments				
Expenses for charitable activities	26,193	57,400	83,593	47,915
Expenses for fundraising activities	8,209		8,209	
Governance costs	444			360
Total payments	<u>34,846</u>	<u>57,400</u>	<u>91,802</u>	<u>48,275</u>
Surplus/(Deficit) for year	(4,725)	45,111	40,830	24,768
Transfers between funds	-	-	-	-
Surplus/(Deficit) for year	<u>-4,725</u>	<u>45,111</u>	<u>40,830</u>	<u>24,768</u>

Trauma Informed Parenting
Statement of Balances
For the Year Ended 31st January 2026

	Unrestricted Funds	Restricted Funds	Total 2026	Total 2025
Opening cash at bank and in hand	27,138	17,520	44,658	19,890
Surplus/(Deficit) for the year	-4,725	45,111	40,386	24,768
Closing cash at bank and in hand	<u>22,413</u>	<u>62,631</u>	<u>85,044</u>	<u>44,658</u>

Bank and Cash balances

Bank account	<u>22,413</u>	<u>62,631</u>	<u>85,044</u>	<u>44,658</u>
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Barbara Anderson Treasurer
Date 06/04/2026

Trauma Informed Parenting
Notes to the accounts
For the Year Ended 31st January 2026

1 Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 (as amended) and the Charities Accounts (Scotland) Regulations 2006 (as amended)

2 Nature and prupose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3 Related party transactions

No trustees received any remuneration or other benefits during the year.
Expenses totalling £159.15 were reimbursed to the trustees during the year.
Thre were no other related party transactions during the year.

4 Grants Received

	Unrestricted Funds	Restricted Funds	Total 2026	Total 2025
National Lottery		49,080	49,080	20,000
Garfield Weston Fund		10,000	10,000	-
Grant Robertson Trust	10,000		10,000	10,000
Bank of Scotland	10,000		10,000	
Sanctuary Prosperity Fund		7,430	7,430	8,671
Volant Trust		5,000	5,000	-
Barchappel Foundation		5,000	5,000	-
Other small operational grants		26,001	26,001	22,709
	20,000	102,511	122,511	61,380

The restricted funding is specifically earmarked by the funders to support workshops within targeted geographical regions.

Trauma Informed Parenting
Notes to the accounts
For the Year Ended 31st January 2026

5 Cost of charitable activities

	Unrestricted Funds	Restricted Funds	Total 2026	Total 2025
Workshop costs		34,236	34,236	12,969
Wages and national insurance	20,704	20,453	41,157	28,205
Travel expenses		2,711	2,711	4,476
Admin support	3,150		3,150	-
Insurance	554		554	539
Postage, stationery, telephone and IT	1,399			1,539
General expenses	386			187
	26,193	57,400	81,808	47,915

6 Governance costs

	Unrestricted Funds	Restricted Funds	Total 2026	Total 2025
Independent examiner's fee	444		444	360