



# SANDAY AFTERNOON CLUB

Registered Charity : SC024002

Contact: Nicola Thompson, Clairlea, Sanday,  
Orkney KW17 2BW.

Email: [nicky.thompson1958@gmail.com](mailto:nicky.thompson1958@gmail.com)

## TRUSTEES ANNUAL REPORT

April 2025 – 31<sup>st</sup> March 2026

### Charity Trustees:

Myra Stockton – Chair

Nicola Thompson – Treasurer

Richard Stedman – Secretary

Norma Brown

Maria Fisher

Julie Mount

Elizabeth Slater



## Objectives and Activities:

Sunday Afternoon Club was set up over 25 years ago by a group of over 50's for the benefit of *all* the over 50's living on the northern isle of Sanday in Orkney. Sanday is remote, being a two-hour ferry journey to the Orkney Mainland and a further journey to the Scottish Mainland and has a population of 500 with 25% over 65 years compared with a Scottish average of 17%. The Club has a committee of 6 trustees elected from the membership (all those over 50 on the island) at the AGM each year who organise the club with the assistance of a paid coordinator. At present this post equates to 4.5 hours a week but is essential in that it reduces the strain of 'volunteer fatigue' for the committee who still have considerable responsibilities despite some nearing 80 themselves! It has proved to be a tried and tested structure which has been very successful to date.

We run the Club each Wednesday afternoon in the Community Centre, alternating between a lunch and a social/craft session. Members enjoy a heavily subsidised 2 course hot lunch followed by an activity. This could be a demonstration e.g. from visitors from Occupational health demonstrating gadgets, a talk/presentation from a member or visitor, or a more active session like seated dance, singing or making an item. We try to invite a wide variety of people to join us, including the pupils from the adjoining school. The social/craft session is more flexible with members enjoying a cup of tea/coffee and doing their own craft activity, playing scrabble or other games, or very often just chatting.

For the last few years, in response to the situation post Covid when we found that the relationships between the elderly and children (but the wider population too) had been put under strain, we have made a particular effort to strengthen them again. In the past there would be grandchildren of members in school, for instance, but 52% of the children in school have arrived since the pandemic. A changing island demography and dynamic. We have been fortunate in receiving grant funding to specifically engage in activities with the wider community and to tackle social isolation and loneliness.

One example of an activity involved members going into school over the course of a few weeks to cook soup, bread, crumble and other desserts with the children. The children then hosted a lunch in the Community Room at which they served their family members and other members of the Afternoon Club. An enjoyable community event for all concerned!

The Club also has its own minibuss so can offer free transport each week. We have a team of volunteer drivers, including our coordinator. Last year we were fortunate in managing to secure funding for a new electric, wheelchair accessible minibuss. We are keen that this is used as much as possible by the wider community and have started up fortnightly on-island shopping trips for anyone over 50 or anyone who is disabled. The bus can also be used by any other voluntary group on the island, and we have consulted with the Orkney Islands Council so that it can be used by the school to go on visits on the island. We also have taken members on day trips to the Orkney Mainland and even had short residential on another island and the Scottish Mainland.

We have about 30 'regular' attendees at Wednesday Afternoon meetings (all over 65 years), usually with 20 plus for lunch (with a limit of 25) and fewer at the social/craft afternoons. Our shopping trips have seen others joining from the community with 6-8 people being the norm. On trips the bus is packed to capacity (14). To date most of the 50 + pupils at school have been in the bus at least once and at least 4 other voluntary groups have used the bus. The bus has also been used to take wheelchair users to hospital appointments on the Orkney Mainland, being driven by one of our volunteers.

## Structure, Governance and Management:

The activities of Sanday Afternoon Club are carried out in accordance with their written constitution. Trustees are selected from the membership and details of their tenure are laid down in the constitution. There must be at least 6 trustees at any time.



# Chair's Report on Achievements and Activities this Year:

REPORT BY THE CHAIR – AFTERNOON CLUB

April 2025 – March 31st 2026

The Committee for the year 2025 / 2026 is as follows. Chair – Myra Stockton; Secretary – Richard Stedman; Treasurer Nicky Thompson; rest of the Committee – Norma Brown, Maria Fisher, Julie Mount, and Liz Slater.

Denise Pearce remains our Co-ordinator.

List of volunteer drivers conveying members to the weekly meetings, includes Norma Brown, Ute Clackson, Caz Dickson, Hayley Dodd, Mark Hansard, Caorunn Mitchell, James Mitchell, Gary Nickells, and Francis Worth. Thanks must go to them for giving of their time.

We started the shopping trips again, fortnightly, on a Tuesday visiting the two island shops and the Re Use Centre. The bus was also made available to take folks to various activities around the island if needed.

Every Wednesday, week about, we have social/craft/scabble get togethers or lunches provided by the school cooks with speakers and where appropriate activities to follow.

## Throughout the year – We have had various speakers: -

### Talks/Demonstrations included: -

Eddie Nicolson, solicitor, spoke about making a will and setting up Power of Attorney.

David McDonald told us about the work undertaken by the Men's Shed.

Ben Saunders gave a power point presentation an illustrated talk about the shipwreck, The Earl of Chatham, which keel and part of the hull was discovered the Bay of Newark sands the previous year.

Julie Mount, an illustrated talk gave of her recent visit to Italy.

Inch Architecture showed that their work was diverse in any project. They were visiting us to show us the possibilities of what the buildings might look like in the up-and-coming Care for Sanday Residential Project.

Jake Galeb brought along his different chickens giving a talk about their distinctive features, the history of the species and how to present them at Shows.

Vicky Shaw and Alan Webber gave an account with slide show about their pottery workshops at a Mission School in Brazil.

### Music / Arts –

Charlotte Hoque got us all involved in seated dance.

Carorunn Mitchell, along with the Sanday Band, entertained us.

We were encouraged to take part in Tai Chi moves demonstrated by Jo Walker.

Dave Warner came in with a collection of 'bruck'. Which was divided up by our members into separate piles of items on which he emphasized the abundance of plastic to be found on our Island beaches with some of it being recycled to make goods to sell in the Hub.

During our Christmas party the pupils from the school came in and treated the members with a rendering of some of their songs from their upcoming Nativity Play at the School Carol Service.

Katy Galbraith show examples of her mosaic work and got us all doing shells, filling them in with various 'bits and pieces' to be included in the for the Kirk mosaic wall.

The Gospel Choir gave a Concert and got us involved in singing some rounds.

### Intergenerational activities.

Throughout the year we have been having joint activities with the school and the Community.

We had a stall at the Christmas Fayre where members donated items for a toiletry hamper which we raffled. There was also a Card Stall for kids with small items to be won on each card.

One afternoon the club made decorated Christmas stockings to go on a tree which became part of the Community Christmas Trees display in the Kirk.

The lower primary classes came and read their story books.

They also visited the Afternoon Club where they conveyed which fruit and vegetables, they planned to grow in their Polycrub this year. The members were invited to send, to them, examples of our favourite fruit and vegetable recipes which the pupils hope to include in a future Cookbook.

Also, the whole of the Primary pupils and the Nursery came along and integrated with the Members for an Egg Extravaganza, Egg Treasure Hunt, Egg dice game, and Egg Forfeits.

### Trips / visits-

When the School Kitchen is unable to give us a meal due to school holidays, we go down to Belsair, one of our island eateries, for lunch.

Additionally, we went to the Ayre Hotel, Kirkwall, where we combined lunch with a Christmas shopping trip.

Our first summer trip was to Birsay where we visited Barony Mills, Yellowbird Gallery, Birsay Antiques, and the Birsay Tearooms for Afternoon tea.

Our main trip was one night on the boat and staying two nights at Helmsdale Youth Hostel. We went to Dunnet Head and Dunnet Bay Distillery. We visited the Castle of Mey and gardens. Then on to Dunrobin Castle where we saw a Falconry display. We finished with a visit to Timespan in Helmsdale. On our way home we visited a couple of small harbours one being Latheronwheel.

Our last trip was to the Barriers Café, looking at Celina Rupp's jewellery, visiting St Peter's Church and a garden in Toab.

Thanks: -

Lastly, I would like to thank our co-ordinator and the committee members for the hard work over the year but most of all I would like, on behalf of the club, to give a most sincere vote of thanks to our Treasurer who among finding grants has planned all out trips into the town and beyond.

M.A. Stockton (Chair)

05/05/2026

### **Declaration**

Signed on behalf of the charity trustees:

N.J.Thompson

NICOLA JANE THOMPSON

TREASURER

14/05/2026

## Sunday Afternoon Club

### Treasurer's Report Year Ending 31<sup>st</sup> March 2026

#### 1. Financial Status

We have two bank accounts.

At the end of the year the **restricted** account or **Minibus account** still had **£11,641** with no change throughout the year.

Our **working account** on 31 March 2024 had **£6811** which includes a **£30** cash float.

Results in a closing Bank and Cash balance on **31<sup>st</sup> March 2026** of **£18,452**.

This is approximately £5000 less than last year's closing balance, but it must be remembered that The Lottery Community grant was paid in last year to cover two years (£7800 over 2 years) and the Barchester Foundation grant (£2212) had been paid in advance of our residential trip.

We still have sufficient reserves, including our minibus funds to cover running costs for at least 12 months.

#### 2. Income

Our main income has come from grants this year:

- Our club co-ordinator's wages, the minibus insurance and the minibus service have been funded from The Lottery Community grant which amounted to £3,900 this last year.
- We continued to receive Scottish Government funding (NSG) throughout the year which helped offset the cost of electric for charging the bus enabling members to be collected and delivered door to door on club days. We received £331 in total. We are yet to receive an additional £226 (approx.) covering mileage until April 2026.
- We received £3795.00 from the Scottish Government (Social Isolation and Loneliness funding administered by Impact Funding) for the period April 2025-April 2026. This has been used to fund the following:
  1. Trips including to Celina Rupp jewellery and Barrier View Café, to Barony Mill and the Birsay Bay Tearoom and the Ayre Hotel Christmas trip.
  2. Meal subsidies – we charged £4 per meal and raised this to £5, but the actual cost was £8.50.
  3. For Community events – the cost of the Christmas party where the children also performed, and the rest of the Christmas meal and a part payment for printing of the Polycrub project recipe book we are working on with the schoolchildren.
  4. For general overheads – resources for activities, hall hire and help with costs of electricity for charging the bus.
    - We received a grant of £2212 from the Barchester Foundation towards our Scottish Mainland Residential trip.

Other sources of income

- From members' contributions towards lunches (£5 per meal) and craft sessions (£1). From bus donations and our own fundraising eg through sales at the Craft Hub and the Christmas

Fair. Miscellaneous income represents members' payments of £110 to cover the complete costs for the residential trip and a payment from The Development Trust for use of our charger.

### **3. Expenditure**

Our main areas of expenditure have been:

- Special events – those grant-funded like the Christmas lunch and all expenditure related to the 4 trips.
- Meals
- Co-ordinator's wages - We pay the 'Real Living Wage' which increases each year (At present £13.45 per hour). This is a requirement of any grant funding received from the Scottish government.
- Bus insurance
- Costs associated with the bus - total charge for electric this year was £658 and costs of bus servicing/MOT and safety checks every 10-13 weeks £591). Note the extra cost of bus fuel includes that used by Development Trust.

### **4. Looking Forward**


- Our NSG grant for running our new bus is the same amount per km (14p) for any journeys completed under our Permit (over 50, disabled and children). The price charged per kw has decreased from 31p to 27p per kw. We also have to pay 20%VAT. If we run our bus as economically as we can the grant will go a long way to covering these costs. This year the shortfall of about £100 can be covered by the grant from Impact Funding (Social Isolation and Loneliness Fund). Next year we have been awarded a Community Transport Small Grant of £500 which will help fund any shortfall and also pay for some of the general bus maintenance costs.
- Social Isolation and Loneliness fund. This has been extended to April 27 and we have been awarded £3795 which is paid in two instalments. This is to support trips, meal subsidies, Community events and general costs for another year.
- We still have £3900 from The Lottery Awards for All to cover this year. This will be used for our coordinator's wages and £1500 for bus insurance and other bus related costs.

Looking ahead to next year both our major grants (SIAL and Lottery) run out in April 2027. It will be necessary to seek further funding well in advance for the Club to maintain its present level of service. Plans are already under way to apply again to the Lottery, to the second year of the VAO Mental Health and Wellbeing fund, to other funders and, if necessary to the Spurness Fund.

Nicky Thompson (Treasurer) 6th May 2026

**Sunday Afternoon Club**  
**Receipts and Expenditure for the Year Ended 31st March 2026**

	2025/26	2024/25
<b><u>Income</u></b>		
Craft Days	£ 213.00	£ 214.00
Lunch Days	£ 1,873.00	£ 1,340.00
Grants	£ 4,392.30	£ 15,289.43
Bus Donations	£ 321.69	£ 531.37
Fund Raising	£ 122.09	£ 526.40
Bank Interest	£ 107.83	£ 116.48
Misc	£ 2,152.21	£ 660.00
Sale of old minibus		£ -
Grant for EV Charger		£ -
Ref/G minibus		£ 1,293.63
<b>Total</b>	<b><u>£ 9,182.12</u></b>	<b><u>£ 19,971.31</u></b>
<b><u>Expenditure</u></b>		
Tea, Coffee & Biscuits	£ -	£ 162.53
OIC Lunches	£ 3,986.50	£ 3,310.50
Bus Insurance	£ 1,020.38	£ 1,141.93
Bus Fuel	£ 1,036.89	£ 777.77
Bus Repairs	£ 591.00	£ 203.00
Bus Misc		£ -
Coordinator Wages	£ 2,571.20	£ 2,301.60
Special Events	£ 4,745.69	£ 2,238.32
Hall Fees	£ 195.00	£ 210.00
Purchase of Minibus		£ -
Purchase of EV Charger		£ -
Misc	£ 55.00	£ 110.46
<b>Total</b>	<b><u>£ 14,201.66</u></b>	<b><u>£ 10,456.11</u></b>
<b>Profit for the Year</b>	<b>-£ 5,019.54</b>	<b>£ 9,515.20</b>
<b>Opening Bank and Cash Balances 1st April</b>	<b>£ 23,472.23</b>	<b>£ 13,957.03</b>
Plus: Profit for the Year	-£ 5,019.54	£ 9,515.20
<b>Closing Bank and Cash Balances 31st March</b>	<b><u>£ 18,452.69</u></b>	<b><u>£ 23,472.23</u></b>
Discrepancy	<u>£ -</u>	<u>£ -</u>

  
 TRACY LUGGIE MAAT  
 30/4/26



Scottish Charity Regulator

		<b>Independent examiner's report on the accounts</b> <span style="float: right;">v2</span>					
<b>Report to the trustees/members of</b>	Charity name	<b>Sanday Afternoon Club</b>					
<b>Registered charity number</b>	SC 024002						
<b>On the accounts of the charity for the period</b>	Period start date			Period end date			
	Day	Month	Year	Day	Month	Year	
	01	04	2025 <sup>to</sup>	31	03	2026	
<b>Set out on pages</b>	<small>(remember to include the page numbers of additional sheets)</small>						
<b>Respective responsibilities of trustees and examiner</b>	<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>						
<b>Basis of independent examiner's statement</b>	<p>My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.</p>						
<b>Independent examiner's statement</b>	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <ol style="list-style-type: none"> <li>which gives me reasonable cause to believe that in any material respect the requirements:                             <ul style="list-style-type: none"> <li>to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and</li> <li>to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations</li> </ul>                             have not been met, or                         </li> <li>to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</li> </ol>						
<b>Signed**:</b>				<b>Date:</b>	19th April 2026		
<b>Name:</b>	Tracy Ranger						
<b>Relevant professional qualification(s) or body (if any):</b>	MAAT						
<b>Address:</b>	Bridgend, Sanday, Orkney KW17 2BL						

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

\*\*OSCR will accept digital or typed signatures.

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose

n/a

<p>Period start date</p> <p>Day: 01, Month: 04, Year: 2025</p>		<p>Period end date</p> <p>Day: 31, Month: 03, Year: 2026</p>	
<p>Registered charity number</p> <p>30 024002</p>		<p>Report to the trustees of</p> <p>Sunday Afternoon Club</p>	
<p>On the accounts of the charity for the period</p>		<p>Set out on pages</p>	
<p>Respective responsibilities of trustees and examiner</p>		<p>Respective responsibilities of trustees and examiner</p>	
<p>Terms of independent examiner's statement</p>		<p>Terms of independent examiner's statement</p>	
<p>Independent examiner's statement</p>		<p>Independent examiner's statement</p>	
<p>1. which gives the reasonable cause to believe that in any material respect the requirements</p> <ul style="list-style-type: none"> <li>to keep accounting records in accordance with section 4(1) (a) of the 2006 Act and Regulation 4 of the 2006 Accounts Regulations, and</li> <li>to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations</li> </ul> <p>have not been met, or</p>		<p>2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached</p> <p>Date: 19th April 2026</p>	
<p>Name: Tracy Raper</p> <p>Relevant professional qualification(s) or body (if any): MAAT</p> <p>Address: Bridgend, Sunday, Orkney KW17 2PL</p>		<p>Signed:</p> 