

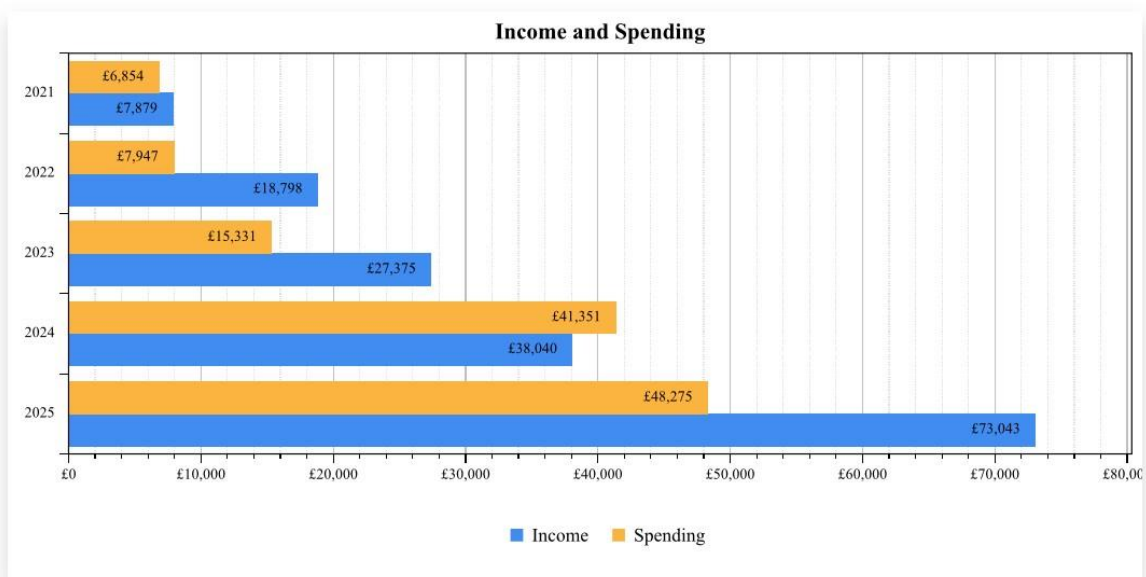
# CEO report February 2026

## Accounts 2025

Income £116759

Expenses £86045.16

Funds available at financial year end on Jan 31<sup>st</sup>, 2026- £74472.05



## Workshops

**Since conception, including recording views we have reached a total 10479 people**

We projected 144 workshops Total participants 2520 by end of March 2026.

In 2025 we have delivered 103 workshop and reached 2442 participants. (only 78 less than projected)

(Last year TIP delivered 105 workshops-1873)

Next years projection-164 workshops reaching 2720 people

This means we are looking to increase capacity by around 60 workshops.

TIP board and CEO made the decision to undergo a business health check with Scottish enterprise this year to make sure that the organization had all of its policies

and procedures in place and to create a risk register before expanding the organization. This created a slight delay in the growth.

#### Workshop outcomes

##### TIP outcomes report-

36% Felt seen

515 felt validated

77% felt less alone

97% report an increase in awareness of their own stress and fear in their parenting role

96% report relief and understanding they are not to blame

92% report feeling motivated and hopeful about applying this lens

95% report being more able to regulate their emotions when dealing with ese behaviours

96% report feeling more confident in their parenting role

71% report improved mental health in the home

43% report an improvement in parent to child relationships

49% Report improved young person's behaviours

42% reported reduction in crisis support

#### Professionals

97% felt the workshop was relevant to their role

93% report a better understanding of the young people they support

82% report a better understanding of themselves and their own triggers

93% report this information helped improve their practice and support

##### 2025 outcomes report-

## **Achievements in 2025**

- Released the first outcomes report
- Biology of Belonging event
- Took part in podcast for ACE aware nation and fostering & adoption podcast
- Bryan Post event
- Business health check
- Offering more workshops across the UK beyond Scotland
- 8 Week programme pilot
- Completing the Trauma Informed Parenting In Action book
- Provided CPD to 710 people
- Welcomed 2 new volunteers Emma and Amanda

## **Future plans**

- Release a new outcomes report
- 8 Week programme roll out
- Bringing in others to deliver workshops
- Releasing and promoting the book sales
- Reaching further across the UK
- TIP have been invited to join Suzanne Zeedyk's ACEs collective

## **Growth**

Christianne Harrison is working towards delivering her own TIP workshop starting in February-Funding is in place for this. We are aiming to eventually add 2 per month.

Which will increase delivery by 24 workshops

Sarah Lathan will continue to deliver 1 school staff session each month.

We are also working toward delivering 4 follow up school sessions with Sarah a year for those who have attended the first session.

Adding an additional 16 workshops.

Funding is in place for these.

We are working towards releasing a soft start with the 8-week programme in spring. Releasing this to some of the 18 organisations that have already registered an interest. Increasing this later in the year. Hopefully adding an additional 20/30 workshops

If demand allows, this could help us deliver around 62 more workshops in 2026/2027

TIP Volunteers are working towards this also by attending workshops and completing the Bryan Post training.

### **TIP Support group resources**

When School Hurts

51 signed up/ roughly 20 attending each week

Joyworks-self compassion

29 signed up

TIP Dads/Mens session

62 signed up/around 18 attended

6 x session of Therapy

23 accessing this

6 x sessions Trauma coaching

15 accessing this

Integral Eye Movement Therapy

24 accessing this

(3 sessions remailing)

Once these are all complete, we will create a new waitlist for this support.

National lottery advise that in our next application for TIP funding we add the support group funding and apply for it all together. Kaite is going to be working on securing funding for this.

Suzanne Scott  
TIP CEO  
5/8/26

A handwritten signature in black ink, appearing to be 'SS', with a stylized, flowing script.

Kevin Denvir  
TIP Chairperson  
5/8/26

A handwritten signature in blue ink, reading 'Kevin R Denvir', with a clear, cursive script.