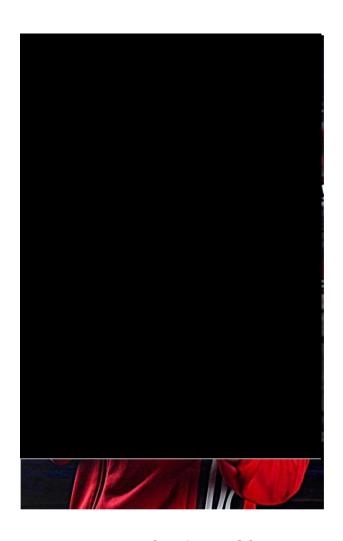
# **SCOTT MARTIN FOUNDATION**

**Annual Report & Financial Statements** 

For the year ended

31 August 2024





# **ANNUAL REPORT & FINANCIAL STATEMENTS**

FOR THE YEAR ENDED 31 AUGUST 2024

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#### FOR THE YEAR ENDED 31 AUGUST 2024

The trustees are pleased to present their report and financial statements together with the independent examiner's report for the year ended 31 August 2024.

#### REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name Scott Martin Foundation

Charity Number SC051224

**Principal Address** 



Website Address www.thescottmartinfoundation.org

**Current Trustees** 



Bankers Unity Trust Bank

PO Box 7193, Planetary Road Willenhall WV1 9DG

**Independent Examiner** 



### STRUCTURE GOVERNANCE AND MANAGEMENT

#### **Governing Document**

**The Scott Martin Foundation** is a one tier Scottish Charitable Incorporated Organisation (SCIO), registered with OSCR on the 27<sup>th</sup> of August 2021, and is governed by its constitution.

## **Appointment of Trustees**

The charity governance and strategic direction is overseen by a Board of trustees. The Board members can be appointed during the year or at the Annual General Meeting (AGM), which is held after our financial year (31st August) In line with our constitution, we can have up to eleven Board members.

## **Organisational Structure**

The structure of the charity in one tier and consists of the BOARD - who hold regular meetings, and generally control the activities of the organisation.

#### TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 AUGUST 2024

The people serving on the board are referred to, as CHARITY TRUSTEES - and they are also the MEMBERS of the organisation for the purposes of the Charities and Trustee Investment (Scotland) Act 2005

#### **OBJECTS & ACTIVITIES**

The organisation's purposes are:

- The saving of lives through the provision of suicide prevention programmes and counselling.
- The relief of those in need by reason of ill health, particularly mental health, through participation in sporting activities that help provide support and focus for young people.
- The advancement education through the provision of training programmes that inform parents, guardians and others on preventative measures, that can reduce the risk of suicide and support them to manage their own personal situations.

#### **ACHIEVEMENTS & PERFORMANCE**

The Scott Martin Foundation has had an exceptionally busy year and continues to support local children and youths. The charity was set up in memory of Scott Martin to support young people's mental health. The charity continues to work alongside our partners Sparta Boxing Academy and mental health associations to provide support and guidance to young people and their families, and introduce sport and well-being into the young people's lives.

During the accounting period, the charity provided counselling sessions for 50 kids and continued to work in the same way as last year, which is offering a minimum of six sessions per child. Some were funded for between 6 -10 sessions, depending on what the allocated counsellor advised us.

We also introduced a new play therapist due to receiving a donation from RSM. This has allowed us to offer support to even younger children of primary school age, which has been one of our main aims since founding SMF. We have also had talks with another counselling organisation that supports kids of all ages, and offers family support. We know that this will be a strong and extremely beneficial partnership.

In partnership with Brain Working Recursive Therapy (BWRT), SMF has now provided up to 70 kids with sessions in the therapy, which take place on Tuesday and Wednesday nights within Scott's Safe Room, at the Ettrick Dochart Centre, Hallglen. We also now have another BWRT therapist working with us so that we can offer this support three evenings a week. This will be trialled for six months to see how things go and continued if required.

This therapy is extremely helpful with things such as trauma, depression, self-harm, and suicidal thoughts. It is a thought and listening-based therapy, so the client doesn't need to speak too much, hence it works so well with all the above. Sessions are 45 minutes long and weekly, starting with six sessions and then assessing how many more are required. This can sometimes be around 12 depending on the issues presented at the first assessment. This therapy can also be useful long term, as the young person has the option to return and top up if symptoms worsen over a longer period.

Feedback from parents and young people has evidenced that many have been turned away for support through the NHS or have been on a waiting list for a year with no support at all. Having somewhere like the Scott Martin Foundation locally, where they could turn to for help, has been a lifesaver for many. Not only do our services help the kids understand what they are experiencing, we also help parents to understand, which is paramount in helping their kids deal with things at home and support their kids long after our support ends.

Many young people have shared that speaking with individuals who have lived experience of their current challenges has been incredibly helpful in ways they could not have imagined. SMF continues to operate primarily on public fundraising and donations, which is a testament to the local community's appreciation of our services. Knowing that support is available when they reach out has significantly reduced fear and stigma. As a result, children and young people are now more confident in seeking help.

We continue to collaborate with local high schools that have selected SMF as their charity for the Young People's Initiative (YPI). This partnership enables us to engage directly with local children and raise awareness about Scott's story and the services we provide in his memory through the schools.

The trustees have participated in training courses and engaged with other organisations to gain a better understanding of all aspects of mental health and suicidal ideation.

#### TRUSTEES' ANNUAL REPORT

#### FOR THE YEAR ENDED 31 AUGUST 2024

We are continuing our campaign to improve the current provision for young people within Scotland's Mental Health System. This initiative is known as Scott's Campaign for Change.

In May we once again walked as a foundation in the Walk of Hope for Chris's House. We also attended a few fundraisers where people were raising funds for SMF and hosted our very first annual Ladies Night. This was a huge success, and we plan on running the event every May with the option of a men's night at some point in the near future.

We have established relationships with local businesses, which now have our collection tins in their premises and sponsor our events.

RSM in Grangemouth won their company competition and donated an amazing £20,000. This donation helped us secure support for younger children. They are planning to do this again next year for us. We have provided t-shirts and hoodies for them as a way of supporting their efforts as much as we can.

We continue to add to our portfolio of working agreements with local counsellors and therapists, and we now have four counsellors, two therapists and a play therapist all on board and accepting our referrals. We continue to look for more and hope this keeps increasing so that we can ensure all support is there, easily accessible and able to start immediately.

Throughout the year, we have continued to run our Scott Martin Sparta Bootcamps for children during the school holidays. We hope to secure funding to offer up to five fully funded bootcamps annually. These bootcamps provide 20 local children each week with the opportunity to learn the fundamentals of boxing and experience the positive effects of exercise on their well-being and mental health. Spaces are first offered to children we currently support or have supported in the past, and then on a first-come, first-served basis until full. The bootcamps are fully funded and extremely popular.

We also provide a three-month free pass to the kids' classes for any child who has received support from us, ensuring continued assistance after their sessions have ended. Sparta offers these passes to us at a discounted rate

Our kids' section at Sparta ensures that children have all the necessary equipment to train safely and feel comfortable in their own space within the gym.



We continue to sponsor young boxers at Sparta and remain actively involved in their boxing journey

We continue to receive tremendous support from the community, along with donations that help maintain and ensure the accessibility of our established support for local children. The charity wishes to thank everyone who has participated in our events and activities throughout the accounting period.

#### TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 AUGUST 2024

#### **FINANCIAL REVIEW**

#### Overview

Total receipts for the year were £147,124 (2023: £119,846) total payments for the year was £111,772 (2023: £103,471). The charity had a surplus of £35,352 (2023: £16,375).

#### **Fund Raising**

The charity would like to extend its gratitude to all individuals and organisations who have made donations, including many local businesses, RSM Grangemouth, and everyone who has participated in our cash raffles and fundraising activities.

## **Reserves Policy**

Trustees maintain that they require £3,000 for normal day-to-day running of the charity for a six months' period, depending on the number of referrals received each month. There are currently very few overhead costs. At the end of the accounting year, the Scott Martin Foundation has reserves of £60,500 (2023: £25,148).

#### **FUTURE PLANS**

For the future, we aim to establish the Scott Martin Scholarship Scheme, which will be administered through Sparta. The charity will provide financial support to young boxers selected for their boxing careers.

We also continue to run our weekly cash raffle, which generates a regular income and includes a donation to another charity.

We have been in discussions with Scott's first football team, LK Galaxy, to explore ways to support local children through participation in football. We have considered funding summer boot camps, providing free lunch and football during the holidays for older children, and offering free evening football sessions. We will continue our discussions and aim to have something in place soon.

A memorial match, Murray's Match, has been arranged for and we will be one of the main beneficiaries of the event. The match will take place on September 29th, 2024, we will be in attendance.

The charity will continue to source funding to support these initiatives going forward.

#### **APPROVAL**

This report was approved by the trustees on 6th May 2025 and signed on their behalf by:



Chair

#### INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 AUGUST 2024

### Independent Examiner's Report to the Trustees of Scott Martin Foundation

I report on the accounts of the charity for the year ended 31 August 2024, which are set out on pages 8 to 12.

#### Respective responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The trustees consider that the audit requirement of Regulation (10)(1)(d) of the 2006 Regulations does not apply. It is my responsibility to examine the accounts under section (44)(1)(c) of the 2005 Act and to state whether particular matters have come to my attention.

### **Basis of Independent Examiner's Statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

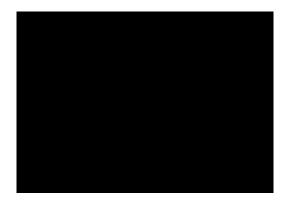
#### **Independent Examiner's Statement**

In connection with my examination, no matter came to my attention:-

- 1. which gives me reasonable cause to believe that in any material respect, the requirements
  - to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



7th May 2025

|                            |      | Unrestricted | Restricted | Total   | Total   |
|----------------------------|------|--------------|------------|---------|---------|
|                            | Note | Funds        | Funds      | 2024    | 2023    |
| Receipts                   |      | £            | £          | £       | £       |
| Donations                  | 5    | 72,877       | -          | 72,877  | 36,721  |
| Fundraising                | 6    | 74,248       | -          | 74,248  | 76,068  |
| Grants                     |      | -            | -          | -       | 6,801   |
| Refunds                    |      | -            | -          | -       | 256     |
|                            |      | 147,125      | -          | 147,125 | 119,846 |
|                            |      |              |            |         |         |
| Payments                   |      |              |            |         |         |
| Fund Raising Costs         |      | 55,350       | -          | 55,350  | 47,550  |
| Charitable Activities      | 7    | 49,319       | -          | 49,319  | 33,370  |
| Donations                  |      | 6,500        | -          | 6,500   | 14,610  |
| Governance Costs           |      | 391          | -          | 391     | 100     |
|                            |      | 111,560      | -          | 111,560 | 95,630  |
| Purchase of Fixed Assets   | 8    | 212          | -          | 212     | 7,841   |
|                            |      | 111,772      | -          | 111,772 | 103,471 |
|                            |      |              |            |         |         |
| Net movement in funds      |      | 35,352       | -          | 35,352  | 16,375  |
| Transfers between funds    |      | -            | -          |         |         |
| Surplus/(Deficit) for year |      | 35,352       | -          | 35,352  | 16,375  |

The Notes on pages 10 to 12 form an integral part of these accounts.

|                                      | Note | Unrestricted<br>Funds | Restricted<br>Funds | Total<br>2024 | Total<br>2023 |
|--------------------------------------|------|-----------------------|---------------------|---------------|---------------|
| Funds Reconciliation                 |      | £                     | £                   | £             | £             |
| Balance as at 01 September 2023      |      | 25,148                | -                   | 25,148        | 8,773         |
| Surplus/(Deficit) for year           |      | 35,352                | -                   | 35,352        | 16,375        |
| Balance as at 31 August 2024         |      | 60,500                | -                   | 60,500        | 25,148        |
| Bank & Cash Balances<br>Cash at Bank |      |                       |                     | 60,500        | 25,148        |
| Assets                               |      |                       |                     |               |               |
| Gym Equipment (est)                  |      |                       |                     | 5,000         | 5,591         |
| Boxing Ring (est)                    |      |                       |                     | 1,300         | 1,590         |
| Headguards (est)                     |      |                       |                     | 500           | 660           |
| Projector Screen                     |      |                       |                     | 212           |               |
| Liabilities IE of Accounts           |      |                       |                     | 350           | 300           |

## The charity has no other contingent liabilities

The Notes on pages 10 to 12 form an integral part of these accounts.

These accounts were approved by the trustees on 6th May 2025 and signed on their behalf by:



#### NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2024

#### 1. Basis of Preparation

These accounts have been prepared on the receipts & payments basis in accordance with:

- (a) The Charities and Trustee Investment (Scotland) Act 2005
- (b) The Charities Accounts (Scotland) Regulations 2006 (as amended)

There have been no changes to the basis of preparation or to the previous year's accounts.

### 2. Fund Accounting

- (a) Unrestricted funds are those that can be expended at the discretion of the trustees in the furtherance of the objects of the charity.
- (b) Designated funds are unrestricted funds that the trustees have set aside for particular purposes. The designation is administrative only and does not restrict the trustees' ability to apply the funds. The charity has no Designated Funds during the year.
- (c) Restricted funds are those that may only be used for specific purposes. Restrictions arise when specified by the donor, or when funds are raised for specific purposes. The charity had no restricted funds during the accounting year.
- (d) The purposes of the funds are shown in Note 10.

#### 3. Taxation

- (a) The charity is not liable to income tax or capital gains tax on its charitable activities.
- (b) The charity is not registered for VAT, thus all costs are shown inclusive of VAT charged.

## 4. Transactions with trustees and related parties

- (a) No remuneration was paid to trustees or any persons connected with them during the year (2023:NIL)
- (b) No expenses were reimbursed to the trustees during the year (2023:NIL)
- (c) The charity's insurance policy includes trustee indemnity insurance cover for all of its trustees.

## 5. Donations

|                             | Unrestricted | Restricted | Total  | Total  |
|-----------------------------|--------------|------------|--------|--------|
|                             | Funds        | Funds      | 2024   | 2024   |
|                             | £            | £          | £      | £      |
| Bank of Scotland            | 10,000       | -          | 10,000 | -      |
| Braes High School           | -            | -          | -      | 250    |
| Brown - Min Raffle          | 120          | -          | 120    | -      |
| Craft Fayre                 | 299          | -          | 299    | -      |
| Charity Trust Donation      | 1,098        | -          | 1,098  |        |
| ETD Electiricity            | 750          | -          | 750    | -      |
| Every Runner                | 250          | -          | 250    | -      |
| Falkirk Bohemians           | 933          | -          | 933    | -      |
| Individual Donations        | 1,350        | -          | 1,350  | 6,812  |
| Just Giving                 | 486          | -          | 486    | -      |
| Liam's Wish                 | 2,000        | -          | 2,000  | -      |
| Mortimer Company            | 250          | -          | 250    | -      |
| Funeral Collections         | 1,211        | -          | 1,211  | 1,500  |
| New Star Inn                | -            | -          | -      | 100    |
| PV Foundation               | -            | -          | -      | 100    |
| R Downey Donation           | 6,576        | -          | 6,576  | -      |
| Race Night                  | 1,106        | -          | 1,106  | -      |
| RSM                         | 28,652       | -          | 28,652 | -      |
| Shine a Light Walk          | 12,500       | -          | 12,500 | -      |
| Sneddon - Climb             | 2,000        | -          | 2,000  | -      |
| St Mungo's YPI              | 2,640        | -          | 2,640  | 50     |
| The Woodland Foundation YPI | -            | -          | -      | 2,500  |
| Transfer from CIC           | -            | -          | -      | 25,000 |
| Wheatsheaf                  | 423          | -          | 423    | 1,909  |
| White - Cake Stall          | 233          | -          | 233    | -      |
|                             | 72,877       | -          | 72,877 | 38,221 |

# 6. Fundraising

|                                    | Unrestricted | Restricted | Total  | Total  |
|------------------------------------|--------------|------------|--------|--------|
|                                    | Funds        | Funds      | 2024   | 2023   |
|                                    | £            | £          | £      | £      |
| Fostering Relations Sponsored Walk |              | -          | -      | 500    |
| Charitable Giving                  |              | -          | -      | 245    |
| Just Giving                        | 1,137        | -          | 1,137  | 933    |
| Donation Boxes                     |              | -          | -      | 2,753  |
| Marathon                           | 1,538        | -          | 1,538  | -      |
| Disco                              | 610          | -          | 610    | -      |
|                                    | 1,500        | -          | 1,500  | -      |
| Bingo                              | 329          | -          | 329    | -      |
| Judo Competition                   | 1,311        | -          | 1,311  | -      |
| Sponsored Bake                     | 550          | -          | 550    | -      |
| Sponsored Walk                     | -            | -          | -      | 405    |
| harity Boxing Match                | -            | -          | -      | 1,000  |
| Race Night                         | -            | -          | -      | 303    |
| Entry Central Walk of Faith        | -            | -          | -      | 39     |
| Cash Raffle                        | 67,273       | -          | 67,273 | 68,390 |
|                                    | 74,248       | -          | 74,248 | 74,568 |

### 7. Cost of Charitable Activities

|                   | Unrestricted | Restricted | Total  | Total  |
|-------------------|--------------|------------|--------|--------|
|                   | Funds        | Funds      | 2024   | 2023   |
|                   | £            |            | £      | £      |
| Admin             | 604          | -          | 604    | 750    |
| Consumables       | 1,109        | -          | 1,109  | 1,090  |
| Merchandise       | 4,250        | -          | 4,250  | 3,747  |
| Marketing         | 1,281        | -          | 1,281  | 962    |
| Memorial          | 666          | -          | 666    | -      |
| Events            | 6,679        | -          | 6,679  | 3,200  |
| Insurance         | 131          | -          | 131    | 126    |
| Training Costs    | 120          | -          | 120    | 945    |
| Rent              | 1,860        | -          | 1,860  | 576    |
| Counselling Costs | 31,557       | -          | 31,557 | 21,920 |
| Membership Fees   | 120          | -          | 120    | -      |
| Sponsorship       | 770          | -          | 770    | -      |
| Sundries          | 100          | -          | 100    | -      |
| Bank Fees         | 72           | -          | 72     | 54     |
|                   | 49,319       | -          | 49,319 | 33,370 |

## 8. Equipment

|                  | Unrestricted | Restricted | Total | Total |
|------------------|--------------|------------|-------|-------|
|                  | Funds        | Funds      | 2024  | 2023  |
|                  | £            | £          | £     | £     |
| Projector Screen | 212          | -          | 212   | -     |
| Gymn Equipment   | -            | -          | -     | 5,591 |
| Boxing Ring      | -            | -          | -     | 1,590 |
| Headguards       |              | -          | -     | 660   |
|                  | 212          | -          | 212   | 7,841 |

# 9. Purpose of Funds

General Fund An unrestricted fund that can be expended at the discretion of the trustees in furtherance of the objects of the charity.