



Section A: Statement of Receipts and Payments

	Unrestricted funds (£)	Restricted funds (£)	Total funds (£) year to 30/06/2026	Total funds (£) year to 30/06/2025
Receipts				
Donations and Subscriptions	2,927		2,927	5,934
Legacies			0	0
Grants received	4,176	10,410	14,586	17,360
Receipts from fundraising activities	1,719		1,719	2,640
Bank interest	187		187	0
Receipts from other activities			0	0
Sub total	9,009	10,410	19,419	25,934
Receipts from sales of fixed assets				
Proceeds from sale of fixed assets			0	0
Total receipts	9,009	10,410	19,419	25,934
Payments				
Expenses for fundraising activities			0	0
Payments relating directly to charitable activities	3,710	13,535	17,245	23,004
Grants and donations	269		269	150
Other Governance costs	141		141	0
Sub total	4,121	13,535	17,656	23,154
Purchases of fixed assets	0	0	0	0
Total payments	4,121	13,535	17,656	23,154
Net receipts / (payments)	4,889	-3,125	1,763	2,780
Transfers To / From Funds	195	-195	0	0
Surplus / (deficit) for year	5,084	-3,320	1,763	2,780



Section B: Statement of Balances

	Unrestricted funds (£)	Restricted funds (£)	Total funds (£) this period	Total funds (£) last period
Cash Funds				
Cash and bank balances at start of year 01/07/2025	28,322	10,472	38,794	36,016
Surplus / (deficit) shown on receipts and payments account	5,084	-3,320	1,763	2,780
Cash and bank balances at end of year 30/06/2026	33,406	7,152	40,558	38,796

Make-up of Cash Funds

Unrestricted Funds

For General Use	7,587
For Stirling specific use	4,441
For Auchterarder specific use	1,191
For Perth specific use	0
Savings Account	20,187

Restricted Funds

Auchterarder Co-op Community Fund	37
Perth & Kinross Council Whole Family Wellbeing Fund	0
Perth Community Investment Fund	2,027
Stirling & Clackmannan Mental Health and Wellbeing Fund (4)	0
Stirling & Clackmannan Mental Health and Wellbeing Fund (5)	5,088
Check total	7,152

		Value (£) to this year	Value (£) to last year
Investments	None	0	0

Other Assets

	Original Cost		
IT Equipment - existing	1,004	444	1018
IT Equipment - new	0	0	0
Total	1004	444	1018

Liabilities	None	0	0
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Contingent Liabilities	None	0	0
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Signed by one or two trustees on behalf of the Trustees

Signature	Name	Date of Approval
Jackie Paterson	Jackie Paterson (Chair)	12/10/2026
M McDonald	Moir McDonald (Treasurer)	12/10/2026



Section C: Notes to the Accounts

Nature and purpose of funds

All funds are used to further the purpose of the charity. This is: To advance the health and wellbeing of people in Scotland who live with neurological conditions through access to high quality services and therapies, information and support for them, their carers and their families, in a friendly relaxed environment, so nobody has to feel alone.

In addition restricted funds are grants given for specific reasons. Grants awarded this year are:

Stirling / Clackmannan Communities Mental Health & Wellbeing Fund (Year 5): to maintain and possibly expand our services at Stirling County Cricket Club.

Auchterarder Co-op Community Grant: to support Auchterarder meetings.

Grants made

Receipient and Activity / project supported	£
None	

Trustees Remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box.	X
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Trustees Expenses

If no expenses were paid during the period to any charity trustee cross this box - otherwise complete next section	X
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Trustees Expenses - Details

	No of Trustees	£

Transactions with Trustees and connected persons

None

Other Information

The use of rooms and other facilities at St Margaret's Out-Patients in Auchterarder is provided free of charge by NHS Tayside.

The use of rooms and other facilities at Bowerswell House in Perth is provided free of charge by Bowerwell Retirement Housing Scheme managed by Caledonia Housing Association.

We are grateful to the staff at Stirling County Cricket Club for their invaluable assistance.

We are grateful to M&G Stirling for a local community grant of £4,176.

All administration of the charity and its events are handled by volunteers. In some instances, this includes the use of their own equipment.



Section D: Analysis of Receipts and Payments

	Unrestricted funds (£)	Restricted funds (£)	Total funds (£) year to 30/06/2026	Total funds (£) year to 30/06/2025
Donations and Subscriptions				
Subscriptions	755		755	910
Donations	2,172		2,172	5,024
Total	2,927	0	2,927	5,934
Check total	2,927	0	2,927	
Grants Received				
Perth & Kinross Whole/Family, Wellbeing Fund			0	320
Stirling & Clackmannan Mental Health and Wellbeing Fund - Year 4			0	11,700
Perth Community Investment Fund			0	5,340
Stirling & Clackmannan Mental Health and Wellbeing Fund - Year 5		9,910	9,910	
Auchterarder Co-op Community Grant		500	500	
M&G (Stirling) Local Community Grant	4,176		4,176	
Total	4,176	10,410	14,586	17,360
Check total	4,176	10,410	14,586	
Receipts from fundraising activities				
Raffles	1,477		1,477	2,271
Miscellaneous fundraising	243		243	369
Total	1,719	0	1,719	2,640
Check total	1,719	0	1,719	
Payments relating directly to charitable activities				
Therapists	2,339	10,228	12,567	12,561
Activities	363	2,245	2,608	6,834
Newsletter / Promotion	44		44	1,656
Special meals	400	1,062	1,462	800
IT	437		437	896
Sundries	127		127	257
			0	
			0	
			0	
Total	3,710	13,535	17,245	23,004
Check total	3,710	13,535	17,245	