PHysical

Trustees' Annual Report and Accounts for the year ended 31 March 2026

Scottish Charity Number **SC039325**

Current Trustees
Mr Steve Cargill
Mr John Imlay
Mr James Hunter

Address for Correspondence
c/o James Hunter, 33 Viewlands Road, Perth, PH1 1NL.

Appointment of Trustees
Trustees are appointed or reappointed at our annual general meeting which is held in April each year. No additions since the last annual report.

Governing Document
PHysical is a charitable unincorporated association, and the purposes and administration arrangements are set out in our constitution.

Charitable Purpose
Our purpose, as recorded in our constitution, is to foster and promote participation in sport for young people primarily in the 'PH' postcode area. There have been no changes over the last year.

Activities and Achievements
Thanks to all our trustees who continue to give up their time to help the charity achieve its aims.
The past year has seen PHysical continue to support a number on existing sports activities with strong partnership working helping to further the aims of the charity.
We are sad to report the death of founding Trustee, Jim Scrimgeour. The charity and our volunteers still cannot quite believe Jim will no longer be guiding and supporting what we do. This has resulted in some reduced/realignment of activities.
Thanks again to Flonix Ltd, our commercial sponsor for their ongoing IT support.
Rising administration costs and volunteer recruitment continue to be our biggest challenge.
We have maintained our positive link with Perth and Kinross Disability Sport through a number of delivery events.
It was noted by the Trustees that while our projects have once again proceeded in line with targets there has been a reduction in grant and sports club support activities. Core fundraising has been sufficient with no need to seek external funding. Our trustees will monitor work undertaken / requested to assess our next steps.

Trustee Remuneration and Expenses
The Trustees did not receive any remuneration or expenses during the year.

PHysical

Income / Expenditure 2025-26

In - restricted			**Out - grants**	
Trusts/Grants	0		Clubs/organisations	500
			Admin Sundries	554
In - unrestricted			**Out – sport delivery**	
Online funding	271		Events/support	0
Collections/donations	497			
Totals	768			1054

Reserves
Credit balance of circa £4,000. The reserved funds for specific projects have been used in accordance with project objectives. The Trustees consider this fund is sufficient to meet our objectives for the forthcoming year.
Income/Expenditure breakdown sheet for 2025 to 2026 is attached for Trustees perusal.

Approved by the Trustees and signed on their behalf

Jim H

J Hunter, Trustee, 29 July 2026