



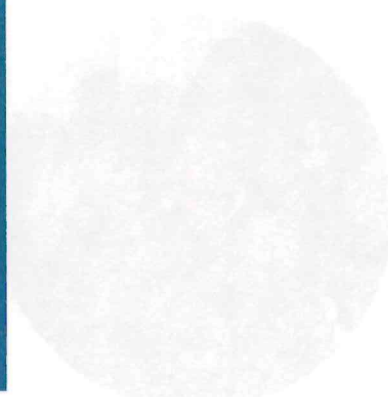
**Athletics Trust
Scotland**

Athletics Trust Scotland SCIO

Scottish Charity No – SC050143

**Annual Report and Financial
Statements**

For the period ended 31 March 2024



Athletics Trust Scotland

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Athletics Trust Scotland

Reference and Administrative Details

Charity Name

Athletics Trust Scotland SCIO

Scottish Charity Number

SC050143

Principal Address

Caledonia House, South Gyle, Edinburgh, EH12 9DQ

Telephone Number

0131 539 7343

Email Address

info@athletictrustscotland.org.uk

Website

athletictrustscotland.org.uk

Social Media



twitter.com/AthTrustScot @AthTrustScot

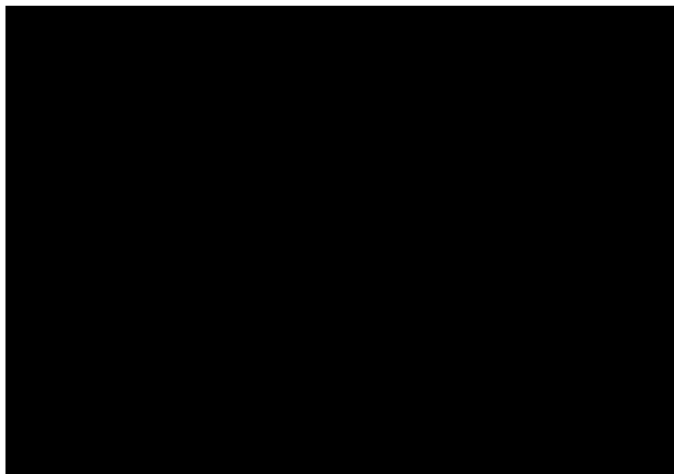


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instagram.com/athletictrustscotland/

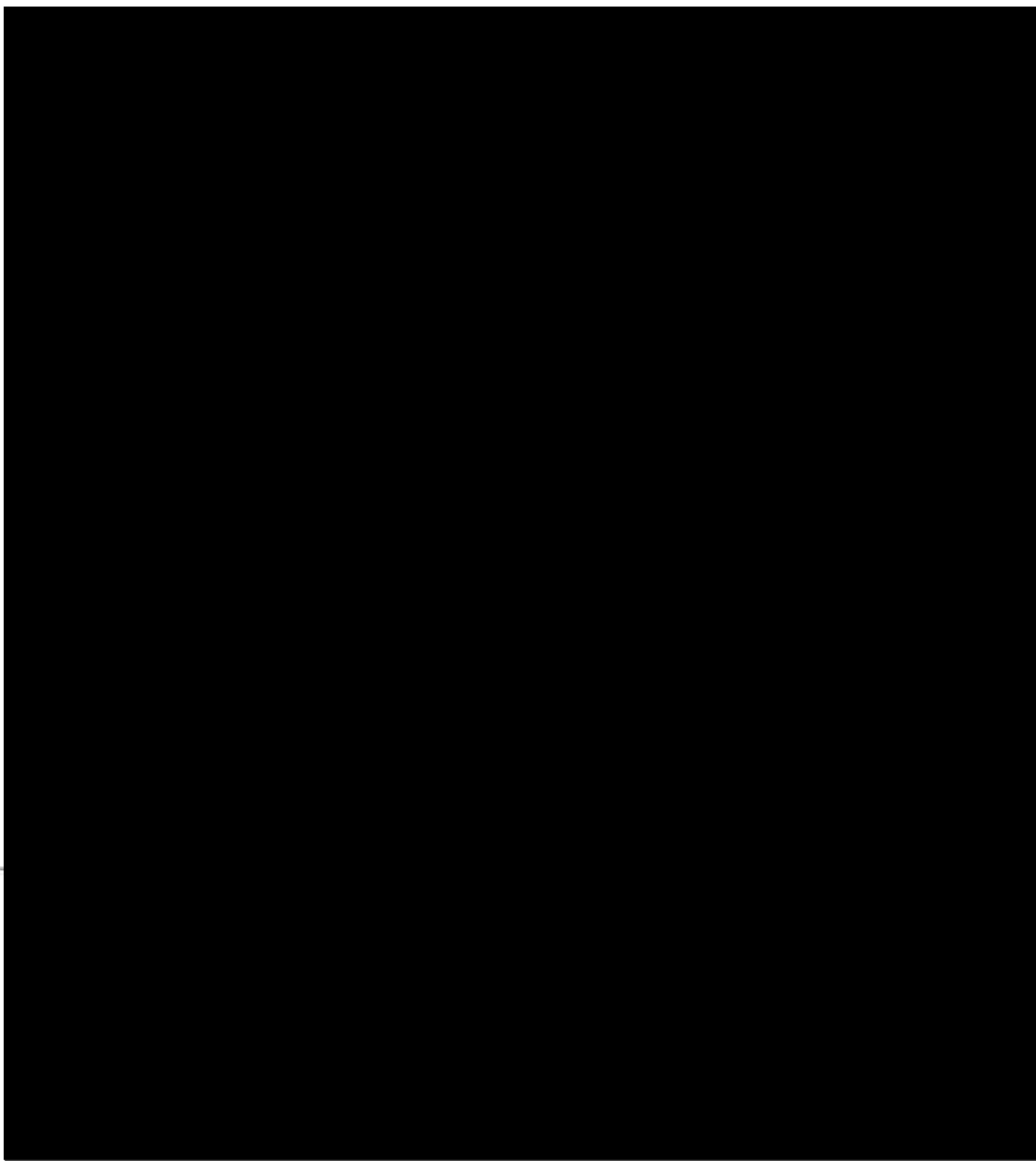
Trustees



Chair

Secretary and Treasurer

Secretary and Treasurer



Athletics Trust Scotland

Trustees' Annual Report

The trustees have pleasure in presenting their report together with the financial statements for the year ended 31 March 2024.

The basis of preparation is over a 12-month period.

Objectives and activities

The organisation will operate for the benefit of the public as a non-profit distributing charity whose principal objects are:

(a) the advancement of public participation in Athletics as a sport by:

(i) providing support in the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage;

(ii) promoting and encouraging individuals towards accreditation for coaching and the role of competition officials;

(iii) providing new opportunities for more people to participate in Athletics and running activities;

(iv) supporting the improvement of facilities provision;

(v) advancing learning and development opportunities for athletics leadership - athletes, coaches, clubs, club volunteers and officials; and

(vi) supporting projects and initiatives delivered in line with Scottish Athletics and in conjunction with national strategies for the sport of athletics.

In relation to its objects and aligned to the Equality Act 2010 the organisation will:

(a) Strive to avoid intentional and unintentional discrimination by virtue of age, disability, gender reassignment, marriage and civil partnership, pregnancy & maternity, race, religion or belief, sex, sexual orientation or any other such artificial barriers or prejudices; and

(b) Strive to undertake whatever reasonable changes in services or facilities which may be necessary to implement the above.

Structure, Governance and Management Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on 8 May 2020. The trustees and Scottish Athletics Limited are the members of the charity.

The Members have the right to attend members' meetings (including any annual general meeting) and have important powers under the constitution; in particular, the members appoint people to serve on the board and take decisions on changes to the constitution itself. The Board, referred to in the constitution as Charity Trustees hold regular meetings, and generally control the activities of the organisation.

Appointment of trustees

The individuals who signed the Charity Trustee Declaration forms which accompanied the application for incorporation of the organisation shall be deemed to have been appointed by the members as charity trustees with effect from the date of incorporation of the organisation.

Election / Appointment, retiral, re-election / re-appointment

The board shall comprise of:

- (a) up to five charity trustees elected by the members at an AGM ("Independent Charity Trustees"); and
- (b) up to three charity trustees appointed by Scottish Athletics pursuant to Clause 65 ("SA Charity Trustees").

Notwithstanding any other provision of this constitution, Scottish Athletics may at any time appoint any person (unless he/she is debarred from membership under Clause 62) to be a charity trustee by notice in writing to the board, signed by an appropriate officer on behalf of Scottish Athletics. Such appointment shall be effective from the time at which written notice is received by the board, or such other time as may be specified in the notice.

The board may at any time appoint any person to be an Independent Charity Trustee (unless he/she is debarred from membership under Clause 62).

The charity trustees shall remain charity trustees until retirement in accordance with the following clauses:

(a) no charity trustee shall serve for a period of more than one year expiring at the conclusion of an AGM ("Initial Term") without being re-appointed in terms of this constitution;

(b) at each AGM, each charity trustee who has served their Initial Term shall retire from office, but are then eligible for re-appointment for a period of up to three consecutive years expiring at the conclusion of an AGM ("Fixed Term");

(c) at each AGM, each charity trustee who has served their Fixed Term shall retire from office and cannot be re-appointed to that post without having an absence of one year thereafter; under Clause 68.

A charity trustee retiring at an AGM will be deemed to have been re-appointed unless:

(a) they advise the board prior to the conclusion of the AGM that they do not wish to be re-appointed as a charity trustee;

(b) they are an Independent Charity Trustee and a resolution for the re-appointment of that charity trustee was put to the board and was not carried; or

(c) they are a SA Charity Trustee and Scottish Athletics gives notice

Achievements and Performance

The organisation continues to grow year-on-year through fundraising and raising the profile since its inception 4 years ago.

Governance

In partnership with **scottishathletics**, Athletics Trust Scotland has had the support of a part time Fundraising Manager since March 2021 to begin developing the Charity's cases for support and to identify potential sources of funding for the Trust.

The Trust continues to have in place a Service Level Agreement with **scottishathletics** to effectively manage the relationship.

The Board of Trustees meets every two months to assess progress, provide advice to support the Fundraising Manager and projects, and to ensure the Trust continues to meet its objectives and requirements as a Charity.

1. Transforming Lives Project

This year, a significant portion of ATS's efforts was dedicated to advancing the Transforming Lives project. The project's implementation involves two key objectives: creating a Transforming Lives Grant fund aimed at supporting organisations working with disadvantaged and underrepresented communities, and deploying Local Participation Leaders in Scotland's most underprivileged areas, like the East End of Glasgow.

ATS is part of the newly formed National Community Impact Team at **scottishathletics**, which is one of the first of its kind to specifically increase the sport's representation by identifying and breaking down the barriers in those disadvantaged communities and those with protected characteristics in the Sport. As part of this, ATS role is to financially support the community leaders that deliver front line physical activity to disadvantaged community groups across Scotland.

The other strand of the Transforming Lives project was to successfully launch the Transforming Lives Grant Fund. Through the success of the fundraising efforts by the community, ATS released its first Grant Fund which supported 12 organisations across Scotland. These include helping the Runforever charity to deliver a **jogscotland** programme with inmates in HMP Grampian Prison, providing costs for athletics equipment for an all-girls afterschool programme in a deprived community, and financing para-athletics equipment for members with disabilities.

2. Community Fundraising

Scottish Running Week held from 5th to 11th June, was a landmark event for athletics in Scotland, celebrating the benefits of running while raising funds for ATS to support disadvantaged communities. The week of activity engaged 520 participants across athletics clubs, **jogscotland** groups, and organisations, with creative events such as a parkrun mobmatch and 5k handicap runs. The campaign successfully raised awareness, increased support for ATS, and achieved just under £4k worth of donations with plans already in place to grow this for the 2024 event.

Other community fundraising events included an ATS organised Santa Run in December, held at the Grampian Transport Museum in Alford, which raised approximately £930. The Trust has also held a fundraiser during the 4J Studios **scottishathletics** Awards Dinner, which raised £1290. The Trust continues to have a presence and be promoted at **scottishathletics** Championship events.

3. ATS Ambassadors

ATS has established a community of inspiring Ambassadors whose lives have been positively transformed by running across Scotland. This team comprises individuals with diverse backgrounds, including 50% of whom have disabilities, two of whom have previously served prison sentences - one is currently pursuing a medical degree, one is the current European 10,000m champion, and another is a Paralympian. One individual in the group lost over 12

stone and completed her first ultra this year. These Ambassadors represent the people ATS aims to support and serve as an influential voice to bring about change.

Financial review

Over the past year, ATS has received numerous donations from individuals, ranging from £5 to £25 across the Transforming Lives Project, with fundraising being held in support of the Targeting Medals Project via the Scottish Athletics National Academy.

ATS has also gained corporate interest for the Transforming Lives Project with a £1,500 donation and a £15,000 donation towards the Targeting Medals Project.

Reserves policy

The trustees' policy is to retain three months' worth of normal running costs in order to meet commitments and to cover any unexpected expenditure. Three months average expenditure in the financial year stands at £6,312, supported by reserves of £15,692. The trustees believe this is an acceptable range and will continue to monitor the position.

Athletics Trust Scotland

Independent Examiner's Report to the Trustees of Athletics Trust Scotland SC050143

I report on the accounts of the charity for the 12-month period ended 31 March 2024 which are set out on pages 11-13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulationshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Athletics Trust Scotland

Statement of Receipts and Payments for the period ended 31 March 2024

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
Receipts						
Donations (Note 4)	6,089	17,000	23,089	13,283	2,000	13,283
Total Receipts	<u>6,089</u>	<u>17,000</u>	<u>23,089</u>	<u>13,283</u>	<u>2,000</u>	<u>13,283</u>
Payments						
Cost of Charitable Activities (Note 5)	8,247	17,000	25,247	846	0	846
Total Payments	<u>8,247</u>	<u>17,000</u>	<u>25,247</u>	<u>846</u>	<u>0</u>	<u>846</u>
Surplus/(Deficit) for the year	(2,158)	0	0	12,437	2,000	14,437
Transfer between funds	0	0	0	0	0	0
Surplus/(Deficit) for the year	<u>(2,158)</u>	<u>0</u>	<u>0</u>	<u>12,437</u>	<u>2,000</u>	<u>12,437</u>

Athletics Trust Scotland
Statement of Balances as at 31 March 2024

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
Opening cash at bank and in hand	17,850	0	17,850	3,413	0	3,413
Surplus/(Deficit) for the year	(2,158)	0	(2,158)	12,437	2,000	14,437
Closing cash and bank in hand	<u>15,692</u>	<u>0</u>	<u>15,692</u>	<u>15,850</u>	<u>2,000</u>	<u>17,850</u>
Bank and Cash Balances						
Bank deposit account	<u>15,692</u>	<u>0</u>	<u>15,692</u>	<u>15,850</u>	<u>2,000</u>	<u>17,850</u>
Other assets – unrestricted funds	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Liabilities (unrestricted funds)	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>

Athletics Trust Scotland

Notes to the accounts for the period ended 31 March 2024

1. Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in the furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the organisation.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. During the year the charity did not receive any donations or receipts of monies through fundraising events in this respect.

3. Related party transactions

The organisation's insurance policy includes Trustee Indemnity Insurance for all its trustees. No other remuneration was paid to the trustees or any connected persons during the period.

4. Donations

	Unrestricted Funds	Restricted Funds	Period Ended 31/03/2024
Other	6,089	17,000	23,089
	<u>6,089</u>	<u>17,000</u>	<u>23,089</u>

5. Cost of Charitable Activities

	Unrestricted Funds	Restricted Funds	Period Ended 31/03/2024
Bank charges	751	0	751
Insurance	689	0	689
Consultancy	1,800	0	900
Programmes (YPF)	2,000	0	2,000
Events	507	0	507
Transforming Lives	2,500	17,000	20,907
	<u>8,247</u>	<u>17,000</u>	<u>25,247</u>

Plans for Future Period

ATS's key objectives remain similar to last year as follows:

1. Enhancing Trust Visibility

ATS plans to continue to provide financial aid to the Young Peoples Forum to ensure their objectives can be met for the next financial year. The project has a crucial objective to give young individuals aged 14 to 21 a voice to advocate for mental health and eating disorder awareness in athletics throughout the country. Through this initiative, the group has achieved significant success in raising awareness on both a national and local level.

With the donation kindly provided by 4J Studios, ATS will become the title sponsor of the newly National Academy, a performance development programme aimed at helping young Scottish athletes transition from promising juniors to successful seniors. The Academy has a strong track record of nurturing talent, with graduates like [REDACTED] and [REDACTED]. Through this sponsorship, ATS will continue its mission of transforming lives by supporting emerging athletes on their journey to representing Great Britain and competing at major events, including the Commonwealth Games.

ATS will also launch Scottish Running Week with a target of doubling the funding raised from the 2023 event. It is also been confirmed that University of Edinburgh will be the headline sponsor of for the 2024. The goal is to unite the entire running community, including running clubs, jogscotland groups, corporates, and individuals looking to support a worthy cause while participating in the 5k challenge.

2. Transforming Lives Project Delivery

In 2024/25 the Trust will continue to distribute funding through the "Transforming Lives Grant Fund" for organisations aligned with the project's goal of increasing participation in disadvantaged communities and ensure there is a gradual increased amount per funding round as the trust raises even more funds.

There will be greater partnership working with the newly formed Community Impact team at **scottishathletics** of whom will help support with the fundraising efforts to appoint and deploy Community Impact leaders in deprived communities across Scotland.

ATS plans to implement a similar initiative for grassroots para-wheelchair athletes in Scotland, aiming to establish the country's first-ever Wheelchair Racing Hub. Supported by Scottish Disability Sport, **scottishathletics**, Fife Athletics Club, and Pitreavie Athletics Club, ATS seeks funding to remove financial and equipment barriers for athletes with physical disabilities. By purchasing racing wheelchairs and spare parts, ATS will provide accessible opportunities for athletes of all ages and abilities. The goal is to raise £25k to acquire 15 "Motivation-Flying

Start Racing Wheelchairs" and essential equipment, managed by coordinators and overseen by the clubs involved.

3. Diversify Fundraising Activities

ATS is set to launch a brand-new, cutting-edge workplace wellbeing initiative, developed in conjunction with SAMH, **scottishathletics**, and ATS. Focusing on the inspirational component, the future programme will feature motivational talks from ATS ambassadors, mental health and wellbeing training from SAMH, and the physical health component from **jogscotland**. By inspiring employees with transformative stories and providing practical tools, ATS will benefit the corporate community whilst also serving as a key corporate fundraising stream for the Trust.

Other areas that the Trust will continue to work on through fundraising are:

- Identifying and applying for relevant grant funding opportunities based on the Trust's outlined projects.
- Promoting legacy fundraising and raising awareness about the Trust.
- ATS also plans to introduce a series of "ATS Tales of the Track" events across the country, showcasing inspirational stories from the athletics community in both informal settings and a formal evening with a high profile guest(s) in 2025.
- Establishing connections with organisations and individuals that may invest in ATS through donations.

Declaration

Signed on behalf of the charity trustees:



