

The Scottish Cot Death Trust
SCIO Charity Number
SC003458

Trustees' annual report and accounts
Year ended 31st March 2024

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Introduction from Chair

An introduction from our Chair

Like many small charities, Scottish Cot Death Trust has seen another year of challenge in 2023-24 both for the organisation and those we seek to support. As there is more distance from the pandemic, we find ourselves in the grip of a very real cost-of-living crisis making life more difficult for those families and communities we work with, and of course creating a more challenging financial landscape for us to operate within. However, just as we have faced challenge in the year, we have also been faced with opportunities and have moved forward in several ways.

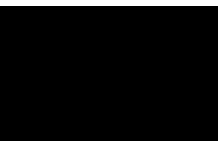
In 2023-24 we saw a restructure to our bereavement support services and were delighted to welcome [REDACTED] to the Trust in the new role of Bereavement Support Manager. This change will enable us to develop our support services in collaboration with families and partners in a way that ensures we deliver high quality, responsive bereavement support. We have continued to receive complex support referrals and I am pleased that we have been able to continue to provide meaningful support to bereaved families whilst we have implemented our restructure.

Alongside support we maintained our commitment to education, and I am pleased that this year has seen a number of developments across our evidence-based training programme. We have evolved our SUDI-simulation training and seen new demand for this training and there has been continued demand for our SUDI awareness training. In an exciting development for the Trust, we launched a 'Safe Sleep' training subscription model for early years settings which improves provision for settings, is more efficient for the Trust and provides a modest income stream.

We have continued with our research commitments and have had two funded projects continuing throughout the year. This year I was pleased to see publication of funded research led by Professor [REDACTED] into 'Understanding why preterm babies are at increased risk of SUDI.'

On behalf of the Board of Trustees I extend our thanks to staff and Trustees who have moved on, and we wish them well in their future endeavours. As we saw people move on, we have welcomed new staff members including [REDACTED] as Fundraising Officer, [REDACTED] as Communications Officer, and as previously mentioned, [REDACTED] as Bereavement Support Manager. We also welcomed [REDACTED] as a Trustee. The new staff team has settled well, and we are seeing the benefit of new relationships and opportunities.

We moved into 23-24 with a renewed energy, and a continued commitment to the founding objectives of the charity of making a difference through research, education, and support. Whilst the Trust remains in challenging financial position, we have made good progress in several areas and we move into the new financial year with increased visibility, strengthened relationships, and a quiet confidence.



Chair

Report of the Trustees

The Board of Trustees of The Scottish Cot Death Trust presents its annual report and financial statements for the year ended 31st March 2024.

The Board of Trustees are complying with their duty as set out in the Charities and Trustees Investment (Scotland) Act 2005.

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE

Charitable purpose

The Scottish Cot Death Trust's charitable aims remain as valid this year as they were when identified in 1985:

1. Providing support for bereaved families.
2. Educating the public and health professionals about cot death.
3. Funding research into the cause(s) and mechanisms of cot death.

The Scottish Cot Death Trust's vision is to eliminate sudden and unexpected infant and young child death. Making a difference through research, education and bereavement support is The Scottish Cot Death Trust's mission statement.

In Scotland in 2023 there were 45,932 live births and 184 infant deaths. Of those deaths, 49 were sudden unexpected deaths of infants (SUDI) and young children aged under 5 years, presenting as unexplained at the time of death, and requiring a legal investigation. In 2024 during the reporting period up to 31st March there has been a further 17 sudden and unexpected deaths of infants and young children.

SUDI still accounts for the largest cause of post-neonatal deaths in children within the first year of life and for a number of young children aged over one year too. Whilst the number is significantly less than when the charity was founded in 1985, the number of sudden and unexpected deaths of children in this reporting period is greater than the previous period. We also must consider the rate of SUDI as whilst the number of these deaths is less than when the charity was established, the number of live births has also fallen by around 20,000. The number of SUDI in Scotland continues to be unacceptably high.

When a baby or young child dies suddenly and unexpectedly, the impact is devastating for families. There is also a wider impact on the local community, on those professionals involved at the time of the death, and those caring for the family long term. Society too feels the weight of these deaths through increased social isolation, increased poverty and worsening mental health affecting many who experience SUDI. As Scotland's only charity dedicated to the issue of sudden unexpected infant death the Scottish Cot Death Trust provides a unique service for those who need it.

Summary of charitable activities

Our activities and achievements

From April 2023 to the end of March 2024 we continued to work across each of our charitable aims.

Providing support for bereaved families

There is a variation in when and how families access our services, and support available is responsive and flexible, enabling us to ensure we can meet the needs of families when they engage with us. Our services are available to all families, including extended family members such as grandparents who have been affected by the sudden and unexpected loss of a child. Our services are available to families no matter when they seek support and as in previous years, we continued to be contacted by families several years after their bereavement.

Report of the Trustees

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE (continued)

In the reporting period our services reached over 240 families.

We actively supported 81 families in the reporting period, reaching around 320 individuals. Direct support has been via telephone or online, mostly at the request of families. We saw a decrease in the number of families supported but continued to see high levels of complexity across families, resulting in us providing longer-term support with more frequent contact in some cases.

As part of our support offer, we have a trusted network of counsellors and therapists providing a range of therapeutic care, including person centred counselling, and talking treatments for trauma such as EMDR. Our counselling provision is available to all family members affected by the sudden and unexpected loss of their child and during the reporting period we have provided counselling for parents and grandparents through 1:1 or couple sessions. In addition, we have continued to provide play therapy as part of our support for bereaved siblings. Through our network of self-employed counsellors and therapists we provided 115 counselling / therapy sessions and a further 44 play therapy sessions for bereaved families across Scotland.

Our Next Infant Support Programme (NISP) aims to support families who have previously experienced the sudden and unexpected death of a child and go on to have subsequent children. The main focus of the programme is to support families with an early-intervention programme which addresses both the past bereavement issues for the whole family and provides practical parenting advice and support. In the reporting period we have supported 40 families, through the provision of resources such as support packs and apnoea monitors, direct support, first aid training, and counselling for parents and siblings. As with our wider support provision we have seen an increase in more complex support needs requiring longer term, and more frequent support from our staff team.

As planned, we restructured our support services this year and now have a Bereavement Support Manager providing direct support and developing our support services. This has been a positive move for the Trust and has been central to our continued work to review and develop our package of support for families.

Feedback from those supported by the Trust includes:

"I have learned so much from your guidance on how to help me pick my thoughts and I see that I have opened up a lot lately I see you as a safe place."

"Me helping the trust is empowering me to move forward and help other families. I am seeing the long terms goal and your support is a stepping stone."

"You have helped me so much I am forever grateful for all you have done for me and my family"

In addition to support for families, we have also provided support for professionals affected by SUDI, most notably group work sessions for Phoenix Futures colleagues. The purpose of this support was to provide a safe space for practitioners to explore and understand their feelings in response to the sudden unexpected death of a baby who was part of their residential service. When Phoenix Futures reached out we were able to respond with a tailored package of support.

Report of the Trustees

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE (continued)

The value of this input is reflected in this comment from someone who took part in the sessions:

“This was a safe space and very helpful, it allowed us to reflect on each other's feelings in an open face-to-face space. It was interesting to participate in and helped me to realise the impact of baby A. The suggestions on how to heal as a team were great.”

Educating the public and health professionals about cot death

Throughout the year we continued to provide a training programme for a diverse range of professionals. During the reporting period we have provided training for 3031 professionals from across sectors. In addition, 502 of Early Years Practitioners have completed our new online training programme.

We extended our reach to professionals through conferences and our broader reach through our digital channels exceeded 140,000.

Safe Sleep Education

As planned, we soft launched a new fee based online Safe Sleep training package for those working in Early Years Settings. This package was developed in response to feedback from the Early Years sector and as it is based on a prerecorded webinar it is a resource efficient way for the Trust to provide this training across Scotland. This is the first fee-based training to be introduced by the Trust and we are pleased to see diversification of our income streams in this way. Since the launch of this training package in January 2024, 502 learners have completed the package.

Prior to the launch of the new package, we provided ‘live’ Safe Sleep training to anyone working in a service providing care and / or support for babies, young children, and their families. In the reporting period we delivered 58 safe sleep sessions to 2127 participants.

Feedback on the new package has been positive, with responses including:

“I feel the training course was insightful and will be of great benefit in protecting the health and wellbeing of the children.”

“Very informative training and also very accessible in terms of being able to complete the training in modules when you have the time”

“Very Good training which will help a lot of childcare setting and/or parents encourage safe sleep”

In January 2024 the Solicitor General for Scotland released a public statement re ‘safer sleeping for babies’ as a result of concerns about the number of infant deaths where bed-sharing and parental alcohol or drug consumption were noted as factors. In response to the statement the Trust were quoted across a number of national news titles and were interviewed by the BBC for TV and radio.

It is important to highlight that there continues to be a variation in the safe sleep messages provided by the Trust and those promoted by the Scottish Government, specifically in relation to the risk of bed sharing where no other risks are present. The evidence-based position of Scottish Cot Death Trust remains that the safest place for a baby to sleep is a separate, flat sleep space, and that even when no other risk factors are present bed sharing with a baby carries a risk to them. We believe parents should have access to that information to allow them to make informed choices about sleeping arrangements. We continue to engage with research on safe sleep practices to ensure our messaging remains reflective of the strongest evidence-base.

Report of the Trustees

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE (continued)

SUDI Awareness Training

This training provides an overview of SUDI, SUDI processes, and the experience of families. The training raises awareness to ensure practitioners are well placed to support families they work with who are affected by the sudden and unexpected death of a child.

In the reporting period we delivered 13 SUDI training sessions to 590 participants.

Feedback from this training has been positive with responses including:

"I have attended several SUDI training days and today the information was delivered very professionally but with thoughtfulness, compassion and with reality to the world we are currently living in and to what families are dealing with and struggle with on a day to day basis. I feel more equipped to support my families moving forward. Thank you."

"This is one of the most informative presentations / training session I have attended in quite sometime..."

"Strongly think this training should be delivered to all student HV training cohorts at university. Lots of facts I did not know as I did not receive this depth of training when I was doing the course 6 yrs ago"

SUDI Simulation

The SUDI simulation education package provides a low-fidelity training experience to ensure a level of preparedness for what is an uncommon emergency situation for emergency first responders and hospital staff. Whilst these sessions are highly emotive, all who have participated have found the experience worthwhile. In the reporting period 53 first responders participated in SUDI Simulation training.

We also delivered a variation of SUDI-Simulation to over 100 delegates at the BASICS conference in collaboration with Police Scotland, Scottish Ambulance Service and NHS colleagues.

Feedback from this training has been positive with responses including:

"Excellent input. This would be good for new Detective Constable's to attend as they will be involved in the operational response to such incidents."

"Good session, as it all linked together from the initial stand by through to end regarding the interview stages with the parents/ guardians."

"Although a daunting subject it was delivered in such an empathetic and caring way. Thank you."

Exhibitions

To ensure we were maximising our limited resources, this year we decided not to exhibit at events that incurred a fee.

This year we exhibited in person at the launch event of the National Bereavement Care Pathway and submitted a poster abstract focussed on SUDI-Simulation to the online NES Bereavement conference which was awarded first place.

Report of the Trustees

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE (continued)

Digital Communications

In August 2023 we welcomed [REDACTED] the staff team as Communications Officer. This dedicated focus has enabled us to develop our communications and grow our reach across our various platforms. We continued to use a range of digital communication methods to engage with the wider public and our digital reach exceeded 140,000. We were active across all main social media platforms, with Facebook continuing to be our most engaged with channel.

In addition to our social media channels, our website continued to be a rich source of information for the public and professionals with options to book training, register for our Next Infant Support Programme and sign up for our newsletter. In the reporting period we had over 1800 subscribers to our newsletter, which was shared quarterly.

Resources

We continued to provide copies of our Easy Read Safe Sleep leaflets and Back to Basics tube resources to health and social work teams across Scotland, as well as to early years settings, and to our partners in the third sector. Our collaboration with those working with parents continues to support raising awareness of cot death and safe sleep practices.

Research into the cause(s) and mechanisms of cot death

Scottish Cot Death Trust continued their commitment to research during the reporting period, with a number of active research projects funded by the charity. Some of these projects will carry into future years. Following review of the charity's finances, in 2022 Trustees agreed to pause new funding for research; this decision will be reviewed in 2024/25.

Digitisation of Historical Data

Our project with the University of Glasgow to digitise historical data, which includes four decades of Scottish SUDI data continued, but with some delays. We anticipated that this project would conclude in 23/24 but remains ongoing. We remain committed to this project and expect by ensuring the data is accessible it will inform SUDI research for years to come.

SIDS Risk Calculator

In 21/22 we committed £14,980 to Professor James Carpenter at London School of Hygiene and Tropical Medicine towards costs associated with a 2-month project "Validation, publication and dissemination of SIDS risk calculator". This work has continued during the reporting period but is subject to significant delay due to personnel changes within the project team. We are disappointed that this project has not been completed and would expect to see a conclusion in 24/25. This important work will assist in creating a UK clinical tool to support health professionals discussing safe sleep and risk of SUDI for babies, bringing in all risk factors and in particular focussing on the modifiable factors, which we know account for preventable infant sleep related deaths due to accidents.

Understanding why preterm babies are at increased risk of SUDI

In 2018 we awarded funding to Professor Rosemary Horne for research into 'Understanding why preterm babies are at increased risk of SUDI'. We were pleased to see this research published in a range of journals including Journal of Pediatrics in April 2023 and Acta Paediatrica in Nov 2023.

Report of the Trustees

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE (continued)

Scottish Cot Death Trust continue their engagement with ISPID as an organisational member. ISPID presents an opportunity for collaborative working, to learn about emerging research, and to engage with the international SUDI research community.

National Work and policy development

The overall incidence of sudden unexpected deaths of babies and toddlers in Scotland during 2023/2024 remains unacceptably high for a western country. The remit of our small charity is wide, and to effectively influence each area within our charitable purpose we must engage with wider stakeholder groups. Throughout the year we have continued to work collaboratively with a range of partners both longstanding and new. We are committed to working with agencies from all sectors across Scotland and beyond.

National Bereavement Care Pathways (NBCP) provides dedicated, evidence-based care pathways designed for all healthcare professionals and staff who are involved in the care of women, partners, and families at all stages of pregnancy and baby loss. We continue to support the programme and have resumed our role on the core group and as lead editors of the SUDI pathway. At a local level we are actively engaged with NHS Greater Glasgow and Clyde as they implement the pathways.

We are connected to all eight **bereavement networks**. These local groups allow many charities to work collaboratively to improve the reach and impact of their work. They also help ensure that professionals working in different areas across Scotland are aware of the individual services offered by each organisation. Collaborative work amongst these networks is improving the bereavement care for families across Scotland.

This year our partnership with **Linus Project UK** continued. They make hand quilted blankets for Scottish Cot Death Trust to make available to families bereaved by SUDI. These are distributed to emergency departments across Scotland along with information about the charity.

We have further developed our partnership with **St Andrew's First Aid** who, through their volunteer network provide first aid sessions for families as part of our Next Infant Support Programme. We are grateful for this partnership and were pleased to provide SUDI and safe sleep training to St Andrew's First Aid volunteers.

We continued to participate in the **Child Death Partnership Group**, a multi-agency group chaired by Police Scotland. The group meets quarterly to discuss issues, developments, and responses relating to sudden deaths in children. This is an opportunity for shared learning and allows the Scottish Cot Death Trust to feedback families' voices about their experience with services when their child died.

National awareness events

The Trust engaged with national awareness events, particularly through our digital channels. These events are effective vehicles for reaching more people and ensuring key issues remain visible to the public.

Child Safety week in June each year is an important awareness period to highlight safe sleep and the role this has in prevention of accidental sleep related deaths in babies and young children.

Report of the Trustees

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE (continued)

Baby Loss Awareness week in October provides an opportunity for many baby loss charities to work together to raise the profile of infant loss and the impact this has on the wider community. This year we invited families to place a light on our virtual 'Lake of Light' in memory of their child; the response from our community of families was very positive. We also introduced a 'Wee Memory Walk' as part of Baby Loss Awareness Week which invited families to take part any kind of walk, in any location. The engagement with this activity was relatively low, but as we build our community engagement we will continue to offer families and supporters a range of opportunities. We also engaged with this national campaign through our various social media channels.

Thank you to our donors

This is an opportunity to thank those who have so generously supported the work of the Scottish Cot Death Trust throughout 2023/2024. The dedication, enthusiasm and effort given by individuals and organisations ensures we can continue and indeed grow our activity. In summary:

£3,822 was donated through in memoriam and legacy giving. We are always humbled that families choose to support the charity during their most challenging times.

The fundraising landscape remains challenging and we are so grateful to all those who took part in events and to those who supported them.

Challenge events have continued and we're grateful to all those who have taken on challenges and raised funds for the Trust. Key challenge events throughout the year included:

- **Zip Slide** – 11 supporters took part in the zip slide challenge. Thank you to all those braved the 100ft high, 1000ft long zip slide at the Clyde, raising £4,966.
- **London Marathon** – our marathon runners in both 2023 and 2024 events raised £11,068 in the reporting period.
- **Kiltwalk** is a popular event in Scotland, taking place in several major cities. Those walking in support of the Trust raised £13,935.

Between other challenge events, running events, and district groups an amazing £13,988 was donated. The effort by all who took part in events is recognised by the Trust and we are thankful to every single person involved.

The Welly Waddle continued this year, which was driven by key volunteer, [REDACTED] and embraced by early years settings across Scotland. We were delighted to receive £11,347 during the reporting period.

Our Afternoon Tea took place in Glasgow this year, and we were pleased to welcome supporters from across Scotland. Income from the event was £8,121 through ticket sales, raffle, tombola, and games.

We received £3,185 in relation to our education sessions.

The total income from event participation which we administer is £45,235 which is wonderful, particularly considering the challenging financial climate.

Report of the Trustees

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE (continued)

£275 was collected through the many collection tins held by small businesses throughout Scotland. A further £1,731 was raised from bucket collections in supermarkets and Glasgow's Central Station. We also benefitted from a volunteer led collection at Ibrox Stadium, which raised £2,359. Arbroath FC collection also raised £250. Thank you to all those businesses and volunteers who supported these collections.

In addition to supporting co-ordinated events, many people including bereaved families and their friends will wish to hold their own events in memory of a baby or young child who has died. Throughout the year, our community raised £5,731 through their own activity.

Some people have set up online fundraising through their Facebook page asking for donations for the Scottish Cot Death Trust in general and also often in lieu of birthday or other celebratory gifts. This popular fundraising stream has raised £1,811.

Other individual giving opportunities such as our Christmas appeal, celebration giving, direct debit payments, payroll giving and online shopping platforms which donate a percentage of sale value, contribute a significant amount to our income. These various ways to donate provided income of £12,845.

Gift Aid has brought welcome additional income of £11,368 from all donations received from individuals.

Thank you to each of the companies and organisations who have supported us throughout 2023/24. The income this has generated for us this financial year is £9,597. The following companies gave donations to the charity either as one-off donations or as matched funding employee's fund raising for the charity:

- Aberdeen Student Show
- William Grant & Sons
- Gas Certification Company
- Mannik Merchandise Ltd
- Child Protection Partnership
- Noble Property Solutions Ltd
- Angus Clearance Services
- Intrum Capquest
- Big Bad Wolf Childrens Theatre
- Gallagher Insurance
- Buchanhaven Pharmacy

Income received through charitable Trust Donations and Grants has been invaluable to us continuing to deliver services this year. We have received a total income of £52,215. We are grateful to all our donors and supporters and in particular want to thank the following Charitable Trusts for their donations throughout the year:

- Scottish Government
- The 29th May 1961 Charitable Trust
- Barcapel Foundation
- Nancie Massey Charitable Trust
- Alexander Moncur Trust

Report of the Trustees

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE (continued)

- The Lady Marian Gibson Trust
- Inchrye Trust
- Hospital Saturday Fund
- The Meikle Foundation
- Netherton Charitable Trust
- The Ronald Miller Foundation
- Saints & Sinners Club
- J K Young Fund
- [REDACTED]
- Miss E C Hendry Charitable Trust
- Miss I F Harvey's Charitable Trust
- Ronald Miller Foundation

The investment portfolio administered by Rathbones on a discretionary basis has provided an income of £5,738.

FINANCIAL REVIEW

Financial review

Income during this reporting period decreased by £27,141 from the previous year, which reflects the challenging financial landscape which has had significant impact on many small charities. Income for the year was £176,554.

Total expenditure decreased by £37,747 compared to the previous year, which reflects changes to supplier arrangements and new efficiencies in our processes. Expenditure for the year was £226,862.

The issue of financial prudence and control continues to be a matter of priority. Identifying ways in which to increase income and diversify income streams continues to be a key focus.

Reserves policy

1. Research grants awarded by the Trust often involve multi-year funding, typically 2-3 years, and the Trust needs to be able to honour any research commitments it makes, regardless of financial performance. The Trust has paused new research funding until 2024 but has ongoing commitments to funding awarded. The Trust needs to hold funds in reserve to meet ongoing and future research commitments. A total of £25,000 over a 3 year period is designated towards this activity.
2. Public perception is that cot death cases are in decline, and it is becoming increasingly difficult to generate funds when competing against other charities whose causes are more high profile, or more significant in terms of the number of new cases each year. The Trust is the only charity in Scotland dedicated to supporting families affected by the loss of a baby to cot death and therefore needs to be in a position to offer ongoing support for families in need, any time after their bereavement, and on that basis, reserves form a vital part of future security. The Trust needs to hold reserves to ensure that much-needed support services can continue to be provided in the event of a major downturn in income. A total of £30,000 is designated for support.

Report of the Trustees

FINANCIAL REVIEW (continued)

The financial landscape has radically changed over the last few years, with both COVID and cost of living crisis having a significant impact. Generating income through donations and traditional fundraising activity is challenging and we are making changes to our operating models to develop new income streams to support our long-term financial resilience. However, the current climate for financial insecurity means that the Trust may need to rely on its reserves to meet any gaps in income.

Our current reserves of £158,051 (investment stocks) £45,450 (cash at bank) which includes designated funds of £25,000 for research and development, £30,000 for bereavement support services and £130,000 for running costs are deemed to be at an appropriate level to ensure the sustained running of the Trust's core services for six-months running costs.

The policy and reserves level will be reviewed at least annually, and remedial action implemented if reserves fall below a safe level identified during regular meetings with Trustees.

On the 7 May 2024, Trustees reviewed the reserves policy and agreed to remove the designated support fund as this activity is reflected in the annual budget and the 6 months reserve figure. Trustees also agreed to remove the designated research fund and allocate any research spending as part of the annual budget process. This will be reflected in the year ended 31 March 2025 financial statements.

Funds

Funds available to the charity are categorised into those which can be used freely (general), and funds donated for a particular activity (restricted). There are also designated funds which is for activity which the charity Board has made a commitment to expend funds on.

General funds consist of funds which are available to the charity to use in furtherance of achieving its objectives.

The charity's accumulated surplus stands at £208,214 at the balance sheet date. At 31 March 2024, the charity holds restricted funds of £1,069 (for more detailed information see Note 14), unrestricted designated funds of £185,000 and unrestricted general funds of £22,145. The Charity's free reserves (unrestricted general reserves excluding tangible fixed assets) were £21,800 at 31 March 2024.

To maintain activity, the Board has committed funding, which may mean drawing down reserves if income is not available for the following:

- Research and development: Within a three-year rolling period up to £25,000 shall be designated to enable research funding to be granted and to ensure that the Trust could commit to funding a typical research funding cycle, regardless of the income during the year.
- Support services: Regardless of income, the Trust has a commitment to honour bereavement support, including counselling therapies with which families may have engaged. For this purpose, £30,000 per annum is designated towards support services.
- Contingency: In line with best practice and recommendations by the Scottish charity regulator, OSCR, the Scottish Cot Death Trust has £130,000 for a six-month period toward running costs for the organisation in the event that income is reduced.

Report of the Trustees

FINANCIAL REVIEW (continued)

Restricted funds are donations contingent on being used within a particular activity. Within 2023/2024 the following donations were restricted:

A total of £14,500 was received from charitable trusts as restricted for provision of support services including counselling.

This year, £9,500 has been classified as restricted for delivery of education and awareness about safe sleep for infants.

An award of £5000 was received to develop a 'Safe Sleep' online training module for those working in Early Years settings.

An award of £12,415 was received to deliver SUDI Training to those working with families across Scotland, particularly those working in the public sector.

Investment powers, policy, and performance

The Trustees have wide powers of investment, as set out by the former Trust Deed and the existing SCIO. The trustees follow the advice of their stockbrokers Rathbone Investment Management. A prudent level of funds is retained in bank deposits.

Those funds invested in stocks and shares have been very variable over the past 12 months. During this reporting period the overall value of the portfolio is at £158,051 with an income of £5,738 realised.

Donated facilities and services

The Trust occupies offices at the West Glasgow Ambulatory Care Hospital. NHS Greater Glasgow and Clyde (GGC) has always been extremely supportive of the Trust and its connection with the facilities in the NHS Board.

The Trust has several dedicated volunteers whose contribution is vital in the delivery of our services.

Management Structure

Following consultation with Trustees and a skills and capacity audit, it was agreed that changes to our committee structures would be beneficial. At the Board meeting on 27 February 2024 Trustees agreed to retire the Executive Committee and increase the frequency of full Board meetings to 5 per year which includes a strategic planning session. It was agreed that Trustees will give any specialist advice required out with meetings.

Responsibility for the day-to-day management of the Trust is delegated to the Executive Director, who is supported by the wider staff team and the Board. The Executive Director reports to Trustees and is managed by the Chair of the Board.

Report of the Trustees

PLANS FOR THE FUTURE

Support services

When a baby or young child dies suddenly and unexpectedly, there are many people who benefit from the support of the Trust. These include the parents, siblings, grandparents, wider family circle, friends, and neighbours. The Trust is committed to supporting those affected by the loss of a baby and will continue to look at new ways of offering support to those who need it.

Following recruitment of our Bereavement Support Manager, we are planning to develop our volunteer and peer support capacity, and plans are underway for this. We continue to be committed to developing our support for fathers and siblings and intend to expand our in-person support offer.

We plan to review our support offer for professionals, to ensure colleagues across sectors have access to support should they be involved in the sudden death of an infant.

Education and awareness

We will continue to develop and deliver our training programme to a broad range of professionals. Our training programme will continue to include safe sleep education sessions, SUDI awareness and SUDI-Simulation.

Having soft launched our Early Years Subscription training model for safe sleep, we plan to roll this out across Scotland. We also intend to explore our direct safe sleep awareness raising with parents both through direct in-person engagement and our various communication platforms.

We continue to operate in a landscape where there is variation between the safe sleep messages of Scottish Government and the Trust, particularly relating to bed-sharing. We recognise that mixed messages can be confusing for parents but believe our position on safe sleep remains guided by the strongest evidence. We continue to advocate that parents should have clear information that bed sharing with an infant carries a risk, even in the absence of any other risk factor. We maintain that the safest sleep space for baby is a separate sleep space such as a cot or Moses basket. Although there is a variation in our messaging, we hope to continue to strengthen our relationships with Scottish Government, including at a Ministerial level.

Research

We will remain members of the International Society for the Study of Perinatal and Infant Death to ensure we remain part of the international research community.

We will review our research commitments and the role of our Scientific Advisory Committee to ensure we remain well placed to form evidence-based policy positions and messages.

Income Generation

We will continue to focus on diversifying our income streams and increase our focus on trust and grant funding.

Case Review & guidelines for the investigation of sudden unexpected death in infancy

The Trust will continue to advocate for the national implementation of a standardised approach to the management and investigation of cases of SUDI and to inform any overarching child death review process. All families, regardless of where they live in Scotland, should experience the same level of robust support at the time of the death.

Report of the Trustees

REFERENCE AND ADMINISTRATIVE DETAILS (continued)

Committees:

Executive Committee (until 27/02/2024)

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

Scientific Advisory Committee

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
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Report of the Trustees

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Scottish Cot Death Trust is a Scottish Charitable Incorporated Organisation (SCIO), governed by a constitution written for the SCIO which came into effect on the 3rd of September 2015. Prior to this date The Scottish Cot Death Trust had the legal entity of a charitable Trust.

Recruitment and appointment of new Trustees

The recruitment and selection of Trustees is formalised and is initiated by a written briefing outlining aims and objectives of the Trust and the role of a Trustee prior to confirmation of appointment by the Board. A 'Guidelines for Trustees' pack is provided for signature which sets down the legal obligation for the Trustee. Contained within the pack is a checklist for induction for the new Trustee about the Trust's activities.

During 2023/24 one Trustee joined the Board and three Trustees stepped down. We end the year with 11 Trustees.

Management

The Scottish Cot Death Trust is governed by a Board of Trustees which includes representatives from a range of professions including medicine, finance, law, and nursing as well as bereaved parents.

Day to day management of the organisation is delegated to the Executive Director.

Risk Management

The Trust has a risk register including existing controls and actions for mitigation of known risks. The register is kept under regular review by Trustees. In addition, each risk is actively managed by the Executive Director.

It is further noted that the Trust's stockbrokers also comply with relevant risk legislation. The Board is the ultimate governing body and is responsible for the Trust's system of internal financial controls.

The Trust's internal controls are:

Regular consideration by the Board of financial results

Delegation of authority to the Executive Director

Identification and management of risks

Regular review of all routine spending to ensure best value for money.

Regular review of Scientific Advisory Committee recommendations for research proposals and review of grants made.

Report of the Trustees

TRUSTEES' RESPONSIBILITIES FOR THE FINANCIAL STATEMENTS

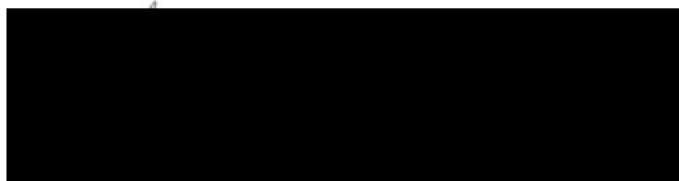
The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in Scotland requires the charity trustees to prepare financial statements for each year which show a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the board on 25 September 2024 and signed on its behalf by:



INDEPENDENT EXAMINER'S REPORT ON THE UNAUDITED ACCOUNTS OF THE SCOTTISH COT DEATH TRUST

I report on the accounts of the charity for the year ended 31 March 2024 which are set out on pages 19 to 28.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations
- have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Stripe Accountants Ltd

Edinburgh

26 September 2024

Statement of financial activities

	Note	Unrestricted General Funds £	Unrestricted Designated Funds £	Restricted Funds £	Total 2024 £	Unrestricted General Funds £	Unrestricted Designated Funds £	Restricted Funds £	Total 2023 £
Income from:									
Donations and Legacies	2	58,042	-	41,495	99,537	49,064	-	82,275	131,339
Other trading activities	3	71,279	-	-	71,279	63,364	-	-	63,364
Investments	4	5,738	-	-	5,738	8,992	-	-	8,992
Total Income		135,059	-	41,495	176,554	121,420	-	82,275	203,695
Expenditure on:									
Raising Funds	5	40,711	-	-	40,711	57,475	-	-	57,475
Charitable Activities	6	132,044	-	54,107	186,151	115,770	15,000	76,364	207,134
Total Expenditure		172,755	-	54,107	226,862	173,245	15,000	76,364	264,609
Net Gains / (Losses) on investments	11	4,262	-	-	4,262	(8,717)	-	-	(8,717)
Net (Expenditure) / Income		(33,434)	-	(12,612)	(46,046)	(60,542)	(15,000)	5,911	(69,631)
Transfers between funds	14	50,000	(50,000)	-	-	(106)	-	106	-
Net movement in funds		16,566	(50,000)	(12,612)	(46,046)	(60,648)	(15,000)	6,017	(69,631)
Reconciliation of funds:									
Total funds brought forward		5,579	235,000	13,681	254,260	66,227	250,000	7,664	323,891
Total funds carried forward	14	22,145	185,000	1,069	208,214	5,579	235,000	13,681	254,260

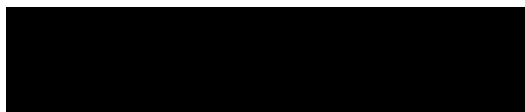
All incoming resources and resources expended derive from continuing activities. The charity has no recognised gains or losses other than those included in the Statement of Financial Activities.

The notes on pages 21 to 28 form part of these accounts.

Balance Sheet

	Notes	2024 £	2023 £
Fixed Assets			
Tangible Assets	10	1,334	2,293
Investments	11	158,051	204,649
		<u>159,385</u>	<u>206,942</u>
Current assets			
Stock		37	134
Debtors	12	9,645	23,317
Cash at bank and in hand		45,450	32,854
		<u>55,132</u>	<u>56,305</u>
Creditors: amounts falling due within one year	13	<u>(6,303)</u>	<u>(8,987)</u>
Net current assets		<u>48,829</u>	<u>47,318</u>
Net assets		<u>208,214</u>	<u>254,260</u>
Represented by:			
Restricted funds	14	1,069	13,681
Unrestricted funds - General	14	22,145	5,579
Unrestricted funds - Designated funds	14	185,000	235,000
		<u>208,214</u>	<u>254,260</u>

Approved by the Board of Trustees and signed on its behalf by:



Date: 25 September 2024

Notes to the financial statements

1. Accounting policies

Basis of preparation

The accounts have been prepared in accordance with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, the Statement of Recommended Practice FRS102 (SORP FRS102) "Accounting and Reporting by Charities" and in accordance with Financial Reporting Standard 102 (FRS102). The Trust is considered a Public Benefit Entity under FRS102. The presentation currency is Pound Sterling (£).

Going Concern

These accounts have been prepared on a going concern basis. There are no material uncertainties that exist or material changes in the way charity operates. The Trustees consider it is appropriate to prepare accounts on a going concern basis.

Recognition of income

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income, receipt is probable and the value can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Tangible fixed assets

Depreciation is provided at the following monthly rates in order to write off each asset over its estimated useful life.

Research and equipment	- 20% on a straight line basis
Office fixtures and equipment	- 20% on a straight line basis
Support equipment	- 20% on a straight line basis
Computer software	- 33.3% on a straight line basis

Stocks

Stocks are stated at the lower of cost and net realisable value after making due allowance for obsolete and slow moving items.

Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of twelve months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in a transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

VAT policy

The Scottish Cot Death Trust is not registered for VAT and accordingly expenditure includes irrecoverable VAT.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are unrestricted funds which have been earmarked by the Trustees for particular purposes.

Notes to the financial statements

1. Accounting policies *(continued)*

Grants payable

Grants payable are payments made to third parties in the furtherance of the charitable objectives of the Trust. Single or multi-year grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside the control of the Trust.

Investments

Investments are valued at market value at the balance sheet date. For listed investments the market value is the closing middle market price on the stock exchange.

2. Donations and legacies

	Unrestricted General £	Restricted £	2024 Total £	2023 Total £
Donations and other grants	46,324	29,080	75,404	101,650
Legacies	350	-	350	500
Scottish Government grant	-	12,415	12,415	20,000
Gift aid	11,368	-	11,368	9,189
	<u>58,042</u>	<u>41,495</u>	<u>99,537</u>	<u>131,339</u>

3. Income from other trading activities (Unrestricted General)

	2024 £	2023 £
Fundraising events	70,418	62,222
Sale of goods	861	1,142
	<u>71,279</u>	<u>63,364</u>

4. Income from investments (Unrestricted General)

	2024 £	2023 £
Dividend income and interest on investments	5,738	8,992
	<u>5,738</u>	<u>8,992</u>

5. Expenditure on raising funds (Unrestricted General)

	2024 £	2023 £
Staff costs	23,671	32,500
Fundraising event costs	10,471	16,334
Travel costs	1,844	1,301
Website costs	198	509
Charges	2,693	1,948
Cost of goods sold	131	2,183
Investment management costs	1,703	2,700
	<u>40,711</u>	<u>57,475</u>

Notes to the financial statements

6. Expenditure on charitable activities

	Unrestricted General £	Unrestricted Designated £	Restricted £	2024 Total £	2023 Total £
Staff costs	112,646	-	40,473	153,119	120,886
Project costs	-	-	12,201	12,201	37,742
Research grants awarded (University of Glasgow)	(2,500)	-	-	(2,500)	15,000
Support costs (see note 7)	21,898	-	1,433	23,331	33,506
	132,044	-	54,107	186,151	207,134

7. Admin costs

	Unrestricted General £	Unrestricted Designated £	Restricted £	2024 £	2023 £
Insurance	1,118	-	-	1,118	1,958
Telephone	3,360	-	-	3,360	3,092
Postage & stationary	428	-	-	428	360
Sundries	144	-	-	144	1,726
Travelling expenses	-	-	594	594	1,734
Recruitment costs	1,230	-	-	1,230	10,325
Repairs and renewals	9,506	-	-	9,506	8,064
Hire of equipment	-	-	-	-	179
IT Costs	2,581	-	-	2,581	1,601
Subscriptions	369	-	-	369	319
Depreciation	120	-	839	959	959
Professional fees	1,196	-	-	1,196	1,389
	20,052	-	1,433	21,485	31,706
Governance costs - Independent examiners fee	1,800	-	-	1,800	1,800
- Trustee expenses	46	-	-	46	-
	1,846	-	-	1,846	1,800
	21,898	-	1,433	23,331	33,506

8. Net incoming resources

Net incoming resources are stated after charging

	2024 £	2023 £
Amounts payable to Independent Examiner		
External scrutiny services	1,300	1,300
Accountancy services	986	500
	2,286	1,800

Notes to the financial statements

9. Wages & salaries

	2024 £	2023 £
Wages	156,234	138,594
Employer's National Insurance	9,776	6,544
Employer's pension contributions	10,780	8,248
	<u>176,790</u>	<u>153,386</u>

The average number of employees based on head count during the year was 10. (2023: 11). No employee received emoluments in excess of £60,000. No Trustees received any remuneration in the year (2023: £nil). One Trustee was reimbursed £46 for travel expenses in the year. (2023: £nil).

Key management of the charity are considered to be the Executive Directors and the Finance Officer. The total remuneration received by key management in the year totalled £76,051 (2023: £51,825), employer's pension contributions in respect of key management totalled £5,176 (2023: £3,046).

The pension costs noted above relate to contributions made by the company in respect of certain employees to a defined contribution scheme. Pension costs of £10,780 (2023: £8,248) were charged to unrestricted general funds. £nil (2023: £717) was outstanding at the year end.

The charity benefits from the contribution made by volunteers. In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised.

10. Fixed Assets

	Research equipment £	Office equipment £	Support equipment £	Computer software £	Total £
Cost					
At 1 April 2023	10,540	21,131	32,307	7,508	71,486
Additions	-	-	-	-	-
At 31 March 2024	<u>10,540</u>	<u>21,131</u>	<u>32,307</u>	<u>7,508</u>	<u>71,486</u>
Depreciation					
At 1 April 2023	10,540	18,838	32,307	7,508	69,193
Charge for year	-	959	-	-	959
At 31 March 2024	<u>10,540</u>	<u>19,797</u>	<u>32,307</u>	<u>7,508</u>	<u>70,152</u>
Net book value					
At 31 March 2024	<u>-</u>	<u>1,334</u>	<u>-</u>	<u>-</u>	<u>1,334</u>
At 31 March 2023	<u>-</u>	<u>2,293</u>	<u>-</u>	<u>-</u>	<u>2,293</u>

11. Investments

UK Listed Investments

	2024 £	2023 £
Market value at 1 April 2023	204,350	264,647
Additions	193,678	17,580
Disposals	(247,887)	(69,160)
Realised gains/(losses)	(4,245)	(5,052)
Unrealised gains/(losses)	8,507	(3,665)
Market value at 31 March 2024	154,403	204,350
Cash held for investments	3,648	299
Total investments	<u>158,051</u>	<u>204,649</u>
Historical Cost		
At 31 March 2024	<u>149,029</u>	<u>168,651</u>

Notes to the financial statements

12. Debtors

	2024	2023
	£	£
Trade debtors	2,356	3,107
Prepayments and accrued income	7,289	20,210
	<u>9,645</u>	<u>23,317</u>

13. Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	1,011	4,248
Taxation and social security	3,492	2,222
Accruals	1,800	1,800
Other creditors	-	717
	<u>6,303</u>	<u>8,987</u>

14. Funds

	As at 1 April 2023	Income	Expenditure	Gains/(losses) on investments	Transfers	As at 31 March 2024
	£	£	£	£	£	£
Unrestricted						
General	5,579	135,059	(172,755)	4,262	50,000	22,145
Designated:						
Research	75,000	-	-	-	(50,000)	25,000
Support services	30,000	-	-	-	-	30,000
Contingency	130,000	-	-	-	-	130,000
Total designated funds	235,000	-	-	-	(50,000)	185,000
Total unrestricted funds	240,579	135,059	(172,755)	4,262	-	207,145
Restricted						
Support fund - Support Services	1,853	14,500	(16,353)	-	-	-
General						
Support workers	10,000	-	(10,000)	-	-	-
Research	-	80	-	-	-	80
Education "Back to Basics, Back to Baby"	-	9,500	(9,500)	-	-	-
Core Costs/IT	1,828	-	(839)	-	-	989
EYS Online Module		5,000	(5,000)	-	-	-
SUDI Training		12,415	(12,415)	-	-	-
Total restricted funds	<u>13,681</u>	<u>41,495</u>	<u>(54,107)</u>	<u>-</u>	<u>-</u>	<u>1,069</u>
	<u>254,260</u>	<u>176,554</u>	<u>(226,862)</u>	<u>4,262</u>	<u>-</u>	<u>208,214</u>

Notes to the financial statements

14. Funds (continued)	As at 1 April 2022	Income	Expenditure	Gains/(losses) on investments	Transfers	As at 31 March 2023
	£	£	£	£	£	£
Unrestricted						
General	66,227	121,420	(173,245)	(8,717)	(106)	5,579
Designated:						
Research	90,000	-	(15,000)	-	-	75,000
Support services	30,000	-	-	-	-	30,000
Contingency	130,000	-	-	-	-	130,000
Total designated funds	250,000	-	(15,000)	-	-	235,000
Total unrestricted funds	316,227	121,420	(188,245)	(8,717)	(106)	240,579
Restricted						
Support fund - Support Services General	(1,165)	32,300	(29,282)	-	-	1,853
Support for siblings	-	1,302	(1,302)	-	-	-
Scot Gov - National coordinator	(61)	-	-	-	61	-
Aponea monitors	(45)	-	-	-	45	-
Support workers	-	20,000	(10,000)	-	-	10,000
Next Infant Support Programme	5,282	20,000	(25,282)	-	-	-
Research	-	75	(75)	-	-	-
Education "Back to Basics, Back to Baby"	-	4,500	(4,500)	-	-	-
Education – Siblings	-	4,098	(4,098)	-	-	-
Bank of Scotland Reach Fund	986	-	(986)	-	-	-
Core Costs/IT	2,667	-	(839)	-	-	1,828
Total restricted funds	7,664	82,275	(76,364)	-	106	13,681
	323,891	203,695	(264,609)	(8,717)	-	254,260

Designated funds:

Research: Enabling research funding to be granted and to ensure that the Trust could commit to funding a typical research funding cycle, regardless of the income during the year. There has been a transfer in the year in line with the disposal of the underlying investments.

Support services: Regardless of income, the Trust has a commitment to honour bereavement support, including counselling therapies with which families may have engaged. For this purpose, £30,000 per annum is designated towards support services.

Contingency: In line with best practice and recommendations by the Scottish charity regulator, OSCR, the Scottish Cot Death Trust designates £130,000 per annum toward running costs for the organisation, in the event that income is reduced.

Restricted funds:

Support fund – support services general represents donations received for the purposes of providing bereavement support services delivered by community support workers.

Support for siblings - this fund is for the provision of support for bereaved siblings.

Notes to the financial statements

14. Funds (continued)

The Scottish Government National Co-ordinator Project fund represents Section 10 grant funding to cover the costs incurred in the National Co-ordinator Project. Half of the grant was used for staff costs and the other half for the provision of the support services.

Apnoea monitors fund represents Section 168 grant funding to cover the costs incurred in the purchase of apnoea monitors.

Support workers - this fund is for the provision of support for families by a dedicated support worker.

Next Infant Support - this fund is to provide emotional and practical support for families going on to have further children following the sudden and unexpected death of a child.

Education “Back to Basics, Back to Baby” - this fund is to provide resources for professionals and the public to demonstrate the fragility of babies airways and reinforce safe sleep messages.

Education - Siblings - this fund is for the provision of resources for bereaved siblings.

Bank of Scotland Reach Fund - This fund is for the development of our therapeutic provision.

Core Costs / IT - this fund is to support the core running costs of the organisation, including IT equipment.

The research fund is to be spent on research

EYS Online Module – This fund is to develop an online 'Safer Sleep' training module for Early Years Settings.

SUDI Training – This fund is to provide SUDI Training for those working with young families across Scotland

Notes to the financial statements

15. Analysis of Net Assets

2023/2024	Restricted Funds	Unrestricted Designated Funds	Unrestricted General Funds	Total Funds
	£	£	£	£
Fixed Assets	989	-	345	1,334
Investments	-	158,051	-	158,051
Current assets	80	26,949	28,103	55,132
Current liabilities	-	-	(6,303)	(6,303)
Net Assets	1,069	185,000	22,145	208,214

2022/2023	Restricted Funds	Unrestricted Designated Funds	Unrestricted General Funds	Total Funds
	£	£	£	£
Fixed Assets	1,829	-	464	2,293
Investments	-	204,649	-	204,649
Current assets	11,852	30,351	14,102	56,305
Current liabilities	-	-	(8,987)	(8,987)
Net Assets	13,681	235,000	5,579	254,260

16. Related party transactions

There were no related party transactions in the year.

17. Funding commitments

The Charity had a funding commitment at the year end to pay Glasgow University £15,000 in relation to data extraction in order to create a database (£15,000 was paid in the prior year) and [REDACTED] at London School of Hygiene and Tropical Medicine £6,175 towards costs associated with a 2 month project “Validation, publication and dissemination of SIDS risk calculator” (£8,805 was paid in previous years). These amounts will be paid out once the work is completed.

18. Ultimate controlling party

The charity is constituted by its governing document, a deed of trust and is controlled by its appointed trustees.