

Charity Registration No. SC044859 (Scotland)

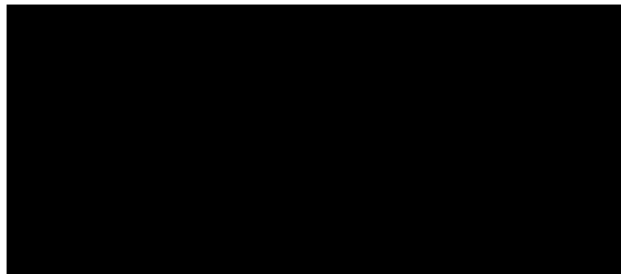
SUNRISE PARTNERSHIP SCIO
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2024



SUNRISE PARTNERSHIP SCIO

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees



Charity number (Scotland)

SC044859

Principal address

2 Poynerook Road
Aberdeen
AB11 5RW

Independent examiner

Ward Williams Limited
Belgrave House
39-43 Monument Hill
Weybridge
Surrey
KT13 8RN

SUNRISE PARTNERSHIP SCIO

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SUNRISE PARTNERSHIP SCIO

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MAY 2024

The Trustees present their report and financial statements for the year ended 31 May 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (published in October 2019).

Structure, governance and management

Sunrise Partnership is a Scottish Charitable Incorporated Organisation governed by its constitution which was adopted on 31st January 2014 and registered with the Office of the Scottish Charity Regulator (OSCR) on 15th May 2014. Sunrise Partnership has a single tier structure and as such the trustees are the members of the charity.

The management and administration of the charity is the responsibility of the charity trustees who meet every 2 – 5 weeks. There can be a minimum of three and a maximum of ten charity trustees.

New trustees are appointed following application for charity trusteeship, by majority vote of existing trustees.

The trustees who served during the year and up to the date of signature of the financial statements were:



Objectives and activities

The purpose of the Charity is to relieve the needs of children and young people affected by bereavement and/or significant loss, by providing supportive interventions to children and young people, and working in partnership with other bodies to achieve this purpose.

Sunrise Partnership offers a free, confidential & therapeutic bereavement and loss support service for children and young people up to the age of 18, living in Aberdeen City and Aberdeenshire. We aim to help children and young people deal with the loss and/or death of a significant person from their lives in a healthy and positive way. We help them to acknowledge and process the loss, understand their feelings, and learn coping strategies and resilience to enable them to move towards a brighter future. Our approach is flexible, and support is tailored to the individual's age, personality, and circumstances, and lasts for as long as required.

We accept self-referrals and referrals from education, social services, healthcare professionals and other third sector organisations. We respond as quickly as possible to referrals and travel to meet with the child/young person in a setting they feel comfortable. All support staff are fully experienced in loss and bereavement work.

We also provide Seasons for Growth sessions which allow groups of up to 8 children/young people of similar age explore change and loss.

Additionally, we offer day-long Loss Days which allows sibling groups and/or families to receive support to address their loss and find resilience to move forward.

We offer peer support groups, in partnership with Urban Uprising and Transition Extreme, providing a six-week block of climbing lessons for a group of six young people aged 8 years and above.

SUNRISE PARTNERSHIP SCIO

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

The Trustees have paid due regard to guidance issued by the Office of the Scottish Charity Regulator in deciding what activities the Charity should undertake.

Achievements and performance

June 2023 – May 2024 has once again brought change, strengthened the scope of support, and provided new opportunities for Sunrise Partnership.

We appointed a new North/Central Aberdeenshire Area Manager in October 2023 following a nine-month vacancy. Our new manager brings a wealth of experience from the professional field of social work, specifically regarding care experienced young people and training. We recruited and trained new sessional workers for Aberdeen City and Shire (Central) to meet demands for the service. They bring professional experience and knowledge from education and bereavement support, thus providing richness and new ideas to our outreach.

We continue to sustain continuity of purpose and built resilience, enabling continual successful delivery of services. In the period we accepted 64 new referrals, 38 for Aberdeen City and 26 for Aberdeenshire. In total we supported 111 bereaved young people (54 males and 57 females aged 4-17 years, average age 10 years) by delivering 540 individual sessions overall. We received five re-referrals as we recognise that young people revisit their loss across the developmental span. We supported thirteen young people who were bereaved by suicide, and nine young people who are Care Experienced.

Additionally, we have provided four Family Loss Days which was a substantial increase on previous years. We also provided a Seasons for Growth group in a rural Aberdeenshire school, and online Relax Kids sessions. Feedback from all these aspects has been positive. As a result, several families now consistently support Sunrise at fundraising events, have joined the Board of Trustees, and joined the team to provide sessional support work.

We continued our partnership with Urban Uprising and Transition Extreme. This involved a six-week block of indoor climbing sessions with a group of six young people aged 8-13 years. These groups reduce a sense of isolation and improve communication. Each child evidenced increased self-esteem, self-confidence and resilience throughout. Being able to establish new friendships and try new activities was a positive indicator that they were coping well with their grief, and hopefully learned lessons for life.

We continue to identify, as expected, how young people continue to be adversely affected by the pandemic, specifically an increased prevalence of anxiety which compounds their grief and bereavement experience. As such, we continue to tailor our sessions to fit with the young people's needs and have found that support now lasts for longer for a high proportion of young people, averaging seven months. We also receive an increasing number of referrals for young people who have received a neurodivergent diagnosis.

We are proud to be able offer continuity by facilitating reconnection with the same support worker. This indicates confidence and positive relationships with families. Additionally, we support multiple children in several schools which also highlights our professional regard and positive outcomes.

As a matter of course, we monitor and evaluate the service we provide and have been able to provide more detailed statistical analysis regarding referrals received and support provided. As a result of our support, all the children and young people can recognise the changes and losses in their lives, they can recognise and understand their feelings and know that grief is normal. They know who they can talk to, how to start a conversation and that there are different ways of communicating. Even if they have not done this yet, we have practiced how they can do this.

We continue to receive invitations from community groups, Kinship Carers, and RGU Nursing students to talk about childhood bereavement, our service, and provide training. To mark the start of our 10th anniversary, we were featured in ACVO's newsletter, providing opportunity to talk about how Sunrise Partnership has developed and how our work honours The Promise Scotland.

SUNRISE PARTNERSHIP SCIO

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

During the year we supported a 10-year-old boy in Aberdeenshire. His dad died suddenly and unexpectedly, and the young boy was struggling to attend school and experienced separation anxiety when apart from his Mum. Our South Area Manager supported him by initially providing one to one support. As a result of this support, his school attendance improved, he felt less anxious and was able to name, claim and tame his previously debilitating emotions. He was able to talk about Dad with more ease and look forward to plans for the future. He even felt able to address his school assembly by sharing his story after being featured on Comic Relief's Radio 1 campaign in March 2022. This all resulted from consistent, authentic and empathic support from our Area Manager. His self-esteem and self-confidence have improved tremendously.

Positive outcomes for him included being named a finalist in the Celebrate Aberdeen Awards in October 2023. This was in recognition of his fundraising support for Sunrise by participating in the Kiltwalk and other community fundraising and awareness activities. He also participated in our climbing group with the aim of increasing his self-esteem and confidence, reducing isolation and improving communication. This demonstrates how effective our bespoke service is, providing a holistic approach, for as long as the young person requires it.

Below is some feedback of the positive impact our work in 2023-24:

"No amount of donation would show just how much Sunrise have helped our son deal with his emotions. More than that, in giving him the 1-2-1 support he needed at school has helped him manage his feelings in losing a family member. The assistance from Sunrise will never be forgotten." (parent of a 7 year old boy)

We are grateful to all our funders for their generous and oftentimes repeated support over many years. Their financial support has made a real difference to disadvantaged children and young people. This year we were delighted to and extremely grateful to receive grant funding from a variety of funders including The National Lottery which will allow us to cover staff costs for our Area Managers in Aberdeenshire for a further year. Additionally, The Henry Smith Charity provides a three year funding package which covers costs for our Support Service Manager. Through a targeted campaign we were also able to secure over £40,000 of new unrestricted funding.

Financial review


Money available at the end of the year was £177,988 (2023: £213,520) and reserves of 3 months expenditure were maintained at all times.

We are registered with Virgin Money Giving and the National Fundraising Scheme to collect donations on our behalf. We have a current account with RBS and a savings account with Virgin Money from which we received £861 (2023: £329) interest.

The Trustees' have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

ActivPayroll continues to generously undertake the provision of payroll services. Our website management is being kindly provided by Sitecut. Safeguarding training is provided by Ian Southgate and Frances Cribbes and safeguarding advice provided by Ian Southgate.

The Trustees' report was approved by the Board of Trustees.


Trustee
Dated: 12/12/2024.....

SUNRISE PARTNERSHIP SCIO

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF SUNRISE PARTNERSHIP SCIO

I report on the financial statements of the Charity for the year ended 31 May 2024, which are set out on pages 5 to 12.

Respective responsibilities of Trustees and examiner

The Charity's Trustees are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustee Investments (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The Charity's Trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the financial statements as required under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

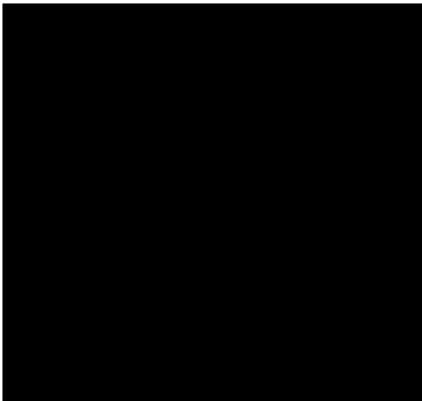
Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - (ii) to prepare financial statements which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Dated: 12/12/24

SUNRISE PARTNERSHIP SCIO

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MAY 2024

	Notes	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
<u>Income from:</u>					
Donations and legacies	2	36,958	40,159	77,117	139,799
Investments	3	861	-	861	329
Total income		37,819	40,159	77,978	140,128
<u>Expenditure on:</u>					
Charitable activities	4	42,810	70,700	113,510	96,670
Net (expenditure)/income for the year/ Net movement in funds		(4,991)	(30,541)	(35,532)	43,458
Fund balances at 1 June 2023		174,849	38,671	213,520	170,062
Fund balances at 31 May 2024		169,858	8,130	177,988	213,520

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

SUNRISE PARTNERSHIP SCIO

BALANCE SHEET
AS AT 31 MAY 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Cash at bank and in hand		177,988		213,520	
Net current assets			177,988		213,520
Income funds					
Restricted funds	6		8,130		38,671
Unrestricted funds			169,858		174,849
			177,988		213,520

The financial statements were approved by the Trustees on 12/12/2024

[Redacted Signature]

Trustee

SUNRISE PARTNERSHIP SCIO

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MAY 2024

1 Accounting policies

Charity information

Sunrise Partnership SCIO is a Scottish Charitable Incorporated Organisation governed by its Constitution which was adopted on 31st January 2014 and registered with the Office of the Scottish Charity Regulator (OSCR) on 15th May 2014. It has a single tier structure and as such the trustees are the members of the charity.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's governing document, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (published in October 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared on a going concern basis under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Donations and legacies are recognised by the Charity when they are received.

1.5 Resources expended

Costs of raising funds are those expenses related to the generation of voluntary, fundraising or investment income.

Expenditure relating to charitable activities includes expenditure directly attributable to the delivery of charitable activities.

SUNRISE PARTNERSHIP SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

1 Accounting policies

(Continued)

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

SUNRISE PARTNERSHIP SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2024

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Donations and gifts	15,786	-	15,786	34,226
Grants	21,172	40,159	61,331	105,573
	<u>36,958</u>	<u>40,159</u>	<u>77,117</u>	<u>139,799</u>
For the year ended 31 May 2023	<u>62,103</u>	<u>77,696</u>		<u>139,799</u>
Donations and gifts				
CPNA (Mental Health UK)	4,000	-	4,000	-
Shell Community Kindness Grant	4,174	-	4,174	-
Virgin Money Giving, My Donate, Charitable Giving	1,965	-	1,965	100
Caroline Jane Spencer Fund	-	-	-	5,000
The Kilt Walk	2,519	-	2,519	6,246
Quiz Night - Ashvale	2,466	-	2,466	-
Arduthie Primary School	662	-	662	-
Theodore Maxxy Charitable Donations	-	-	-	4,000
The Hamead Trust	-	-	-	5,000
White Feather Ball	-	-	-	9,530
The Gledsworth Charity Trust	-	-	-	2,000
The Jardine Charitable Trust	-	-	-	2,000
Other Donations	-	-	-	350
	<u>15,786</u>	<u>-</u>	<u>15,786</u>	<u>34,226</u>

SUNRISE PARTNERSHIP SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

2 Donations and legacies

(Continued)

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Grants receivable for core activities				
Big Lottery	-	-	-	36,500
The Vardy Foundation	3,000	-	3,000	-
Ina Scott Sutherland Charitable Foundation	2,000	-	2,000	2,000
The Iron Bridge Trust	2,000	-	2,000	2,000
Nimar Charitable Trust	2,000	-	2,000	3,000
Aberdeen City Council Common Good Fund	-	-	-	100
Corra Shift The Power Foundation	-	-	-	7,275
Aberdeenshire Charity Trust Banchory	-	-	-	1,028
Barbara Ward Foundation	-	-	-	2,000
David Family Foundation	3,000	-	3,000	-
The Henry Smith Charity	-	30,000	30,000	30,000
Brewin Dolphin	-	1,000	1,000	-
The Mickel Fund	-	2,000	2,000	-
Trefoil	-	2,000	2,000	-
Porthlethen YPI	-	3,000	3,000	-
Warburtons Community Grant	-	400	400	-
The Pat Newman Memorial Trust	1,000	-	1,000	-
Ward Family Trust	1,500	-	1,500	-
Marsh Charitable Christain Trust	800	-	800	-
Sydney Black Charitable Trust	500	-	500	-
The Rennie Jeffrey Boyle Trust	1,000	-	1,000	-
The Robert Haldane Smith Charitable Foundation	1,000	-	1,000	-
Other Grants	3,372	1,759	5,131	21,670
	<u>21,172</u>	<u>40,159</u>	<u>61,331</u>	<u>105,573</u>

3 Investments

	2024	2023
	£	£
Interest receivable	<u>861</u>	<u>329</u>

SUNRISE PARTNERSHIP SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2024

4 Charitable activities

	2024 £	2023 £
Rent and phones	3,676	4,108
Registrations	321	336
Travel	3,422	3,212
Resources	1,818	1,909
Internet, website, e-mails and IT equipment	680	1,580
Printing, postage and stationery	460	360
Staff costs	81,487	74,848
Supervision	1,000	950
Sessional work	6,462	4,613
Bookkeeping	1,036	1,006
Insurance	449	448
Professional fees	3,905	2,058
Fundraising costs	7,871	756
Conferences, seminars and training	923	486
	<u>113,510</u>	<u>96,670</u>
	<u>113,510</u>	<u>96,670</u>
Analysis by fund		
Unrestricted funds	42,810	
Restricted funds	70,700	
	<u>113,510</u>	
For the year ended 31 May 2023		
Unrestricted funds		3,433
Restricted funds		93,237
		<u>96,670</u>

5 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

SUNRISE PARTNERSHIP SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

6 Restricted funds

The income funds of the charity include the following restricted funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 June 2023 £	Movement in funds		Balance at 31 May 2024 £
		Incoming resources £	Resources expended £	
Restricted funds	38,671	40,159	(70,700)	8,130
	<u>38,671</u>	<u>40,159</u>	<u>(70,700)</u>	<u>8,130</u>

7 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31 May 2024 are represented by:			
Current assets/(liabilities)	169,858	8,130	177,988
	<u>169,858</u>	<u>8,130</u>	<u>177,988</u>

8 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).