

SC045376, 2023.1

Befriend Motherwell (SCIO)

1 January 2023 to 31 December 2023

SC045376

RECEIPTS AND PAYMENTS ACCOUNTS

Charity No: SC045376

Project Coordinator: 

Office Tel: 01698 440180

Befriend Motherwell, Office, Dalziel St. Andrews Church, 43 -47 Merry St, Motherwell, ML1 1JJ

E-mail: info@befriendmotherwell.org.uk web address: www.dalzielstandrews.org.uk/befriending

Scottish Charity Number: SCIO 45376

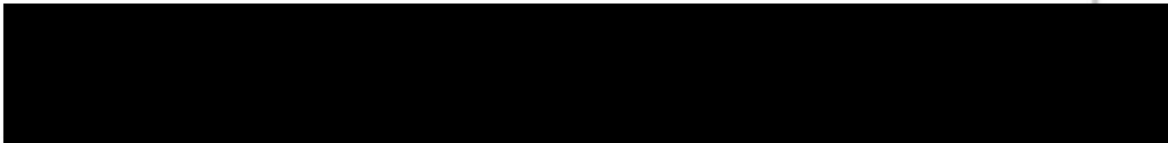
Reference and Administrative Information

Charity Name: Befriend Motherwell (SCIO)

Charity Registration Number: SC045376

Contact Address: Dalziel St. Andrew's Church
43 Merry Street
Motherwell
North Lanarkshire
ML1 1JJ

Trustees

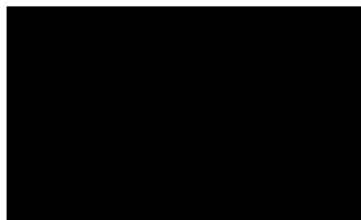


Principal Office-bearers

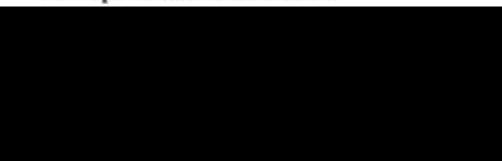
Chairperson

Treasurer

Secretary



Independent Examiner



Motherwell
ML1 2QW

Bankers :
Virgin Money
43 Hamilton Road
Motherwell

Befriend Motherwell Trustees' Annual Report

Year ended 31 December 2023

Structure, Governance and Management

Structure Governance & Management Constitution The Charity is an unincorporated association. It is governed by its constitution.. The Charity was granted charitable status by OSCR on 27 January 2015. The management committee, which normally meets on a quarterly basis, are the Charity's trustees. Receipts and Payments Accounts are prepared in accordance with OSCR statement of recommended practice. The trustees may co-opt further trustees if they consider it would be in the interests of the Charity so to do. The trustees are responsible for the strategic direction and governance of the Charity whilst day-to-day running is delegated to the Coordinator and assisted by the staff team. Client visits and group support are carried out by unpaid volunteers. The Coordinator attends Trustee meetings as required to discuss progress and development. The Trustees are particularly aware of their responsibilities for Health and Safety, and all staff, paid and unpaid volunteers, have disclosures under During the year there were eight Trustees in total at present with a wide range of skills.

Organisational Structure

The Trustees meet as a Management Committee for Strategic Direction and Governance. Day to day running is carried out by four paid part time employees consisting of Coordinator, Development Officer and an Intergenerational Officer, and Group Facilitator. The Coordinator and team oversee the activities of the volunteer Befrienders who visit the Befriendees and support the four groups which meet on a weekly basis along with our various other events and activities.

Objectives and Activities

Concern for the many lonely and isolated elderly residents in the town lies behind the initiative launched in 2011 to establish a Befriending Service based at Dalziel St Andrew's Parish Church and in 2012 a year's Pilot Project was initiated to strive to create up to 15 "matches" between volunteer befrienders and befriendees. The objective was to tackle some of the isolation faced by the many elderly in Motherwell who feel so alone. Following the initial success, and with additional funding support from the Local Change Plan, work started in 2013 on Group Befriending with five groups formed by the end of 2018. This enabled groups of elderly to meet in their own environment and join in shared activities.

After five years of successful activity, in 2016, a successful application to the Big Lottery Fund was made which allowed for the expansion and growth of the organisation. This included developing new initiatives, groups and Intergenerational Working; all of which has continued to flourish.

One of the conditions of the grant was to work towards the Quality in Befriending (QiB) Excellence Award which was achieved in November 2019. The QiB Excellence Award was re-achieved in 2022.

2023 was another successful year for Befriend Motherwell with the securing of a further three years financial support from the National Lottery Community Fund which allowed us to focus our energies towards the impact we can make in supporting people. We have been pushed a lot by volunteer recruitment and development over this last year to help towards increasing our capacity. Alongside our core work we always aim to find new initiatives to help us support our participants as best we can. One of these things has been the introduction of weekly chair Pilates classes. This has built upon our hugely successful weekly chair yoga classes where over 60 people attend weekly. The addition of chair Pilates has been positive with people being able to engage in more supported exercise to help their physical and mental wellbeing. During the summer months we were delighted to offer trips and outings to our participants. These included visits to the seaside, the Safari park and Peebles. The feedback from these activities was very positive and it was enjoyed by everyone involved.

We reintroduced our Musical Memories events where we give people the opportunity to get together for a sing-a-long and reminisce on music they enjoyed when they were younger. Studies highlight that music is very emotive for people particularly older adults who are living with dementia. We ran several more successful Intergenerational Projects, this time focussing on activities and tasks that were 'lower-key' to allow more attention to be put upon the relationships between the different generations being developed and helping to diminish some of the stigmas around young people and older adults.

This year we ran a ten-pin bowling trip for all of our participants where they were supported to take part. This was really appreciated and enjoyed by folks.

On top of these things we've organised various events quarterly over the year where participants have enjoyed to come together with others, entertainment and some food. Feedback from our events has always been positive.

We were delighted to introduce a new befriending group within a different venue in the area that we work in. This group has proved to be very popular so far and feedback from it has been very positive

Befriend Motherwell continues to be very appreciative of the financial support offered by several organisations. Through 2023 this support came from The Big National Lottery Community Fund, Dalziel St Andrew's Parish Church, Adsa Foundation, Voluntary Action North Lanarkshire, North Lanarkshire Council in respect of the Warm Spaces initiative and numerous individual donations. The Trustees of the Charity particularly wished to record their thanks to all Befriend Motherwell staff for their work on the project during the year and also to the many Volunteers who commit so much time to realising the aims of the Project in working, in so many ways, to reduce loneliness and isolation for elderly in the town. Although not all of our Volunteers choose to be reimbursed for their expenses all are advised that an allowance is included within our accounts to ensure they are able, if they wish, to receive appropriate reimbursement. A relevant reclaim form is made available to all. Evaluation and feedback forms a most important part of the projects work to ensure that we continue to deliver the

Achievements and Performance

Some of the headline statistics for the year help to emphasise the scale and range of the services provided during 2023

<i>Number of Befriendees/Volunteers (one-to-one)</i>	<i>36/10 new</i>
<i>Number of Groups</i>	<i>5=57 individuals</i>
<i>Telephone Befriending Calls</i>	<i>64</i>
<i>New volunteers trained</i>	<i>10</i>
<i>Volunteer Training/Information events</i>	<i>8</i>

Financial Review

Funding is received from an annual donation from Dalziel St Andrew's Parish Church and Grants received from the various Fund providers as listed on page 5 and who have an interest in the activities the Charity provides for the Elderly. All Funding received from the various funding bodies is for the purpose of core Befriend Motherwell Activities is Restricted funding and can only be used for core activities. There remains Lottery funding (largest provider) for 2 more years and the Trustees recognise it is a major challenge to secure match funding which comes near to the level of support granted by the Lottery. The Trustees will continue to closely monitor funding implications for the Charity.

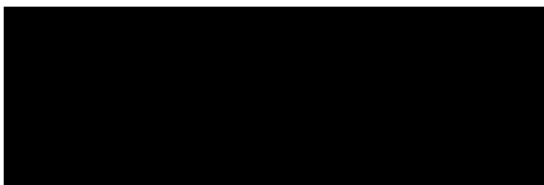
Reserves Policy

All funding relates to the ongoing day to day operations of the Charity and No Financial Reserves are held by the Charity.

Statement of Trustees' Responsibilities

The Trustees must prepare financial statements which give sufficient detail to enable an appreciation of the transactions of the Charity during the financial year. The Trustees are responsible for keeping proper accounting records which, on request, must reflect the financial position of the Charity at that time. This must be done to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006. They are also responsible for safeguarding the assets of the Charity and must take reasonable steps for the prevention and/or detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf,



Chairperson

Date 14th March 2024

Independent Examiner's Report to the Trustees of Befriend Motherwell

I report on the accounts of the charity for the year ended 31 December 2023 which are set out on pages 8 to 11

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

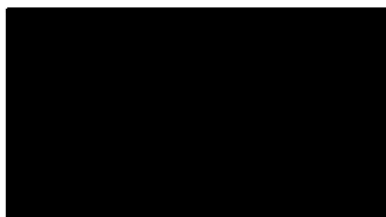
An examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

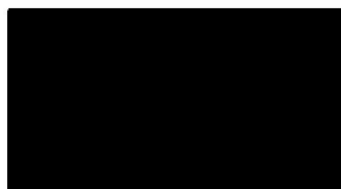
In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44 (1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met

Name:



Address:



Date: 15/9/24.

Befriend Motherwell
Receipts and Payments Account
Year ended 31 December 2023

		Unrestricted Funds 2023 £	Restricted Funds 2023 £	Endowment Funds 2023 £	Total 2023 £	Total 2022 £
<u>Receipts</u>	Note					
Donations	3	0	79,712	0	79,712	64,740
Legacies		0	0	0	0	0
Activities for Generating Funds		0	0	0	0	0
Bank & Deposit interest		0	0	0	0	0
Investment income		0	0	0	0	0
 Rental of premises		 0	 0	 0	 0	 0
Sale of assets		0	0	0	0	0
Sale of investments		0	0	0	0	0
Grants		0	0	0	0	0
		0	0	0	0	0
		0	0	0	0	0
<u>Total Receipts</u>		<u>0</u>	<u>79,712</u>	<u>0</u>	<u>79,712</u>	<u>64,740</u>
<u>Payments</u>	4					
Costs of generating funds						
Charitable activities		0	86,267	0	86,267	75,152
Governance costs						
<u>Total Payments</u>		<u>0</u>	<u>86,267</u>	<u>0</u>	<u>86,267</u>	<u>75,152</u>
Deficit of Receipts over Payments for the year before transfers		0	-6,555	0	-6,555	-10,412
 Transfers		 0	 0	 0	 0	 0
Deficit of Receipts over Payments for the year		<u>0</u>	<u>-6,555</u>	<u>0</u>	<u>-6,555</u>	<u>-10,412</u>

Befriend Motherwell
Statement of Balances
At 31/12/2023

	Unrestricted Funds 2023 Note £	Restricted Funds 2023 £	Endowment Funds 2023 £	Total 2023 £	Total 2022 £
<u>Bank & Deposit Balances</u>					
Bank & deposit balances brought forward	0	40,554	0	40,554	50,996
<u>Movement in year:</u>					
Deficit of Receipts over Payments for the year	0	-6,555	0	-6,555	-10,412
Bank & deposit balances carried forward	0	33,999	0	33,999	40,554
<u>Investments at market value</u>	0	0	0	0	0
	0	0	0	0	0
<u>Assets</u>	0	0	0	0	0
	0	0	0	0	0
<u>Liabilities</u>	0	0	0	0	0
	0	0	0	0	0

The accounts were approved by the Trustees on 14th MARCH 2024

For and on behalf of the Trustees

Chairperson
Treasurer

Befriend Motherwell
Statement of Balances
Notes to the Accounts

1. Trustee Remuneration and Related Party Transactions

No trustee received any remuneration or reimbursement of expenses during the year.

No trustee or a person related to a trustee had any personal interest in any contract or transaction entered into by the charity during the year.

	At 1 Jan 2023 £	Receipts £	Payments £	Transfers £	As at 31 Dec 2023 £
2. Movements in Funds					
Unrestricted funds					
General Fund	0	0	0	0	0
Restricted funds	40,554	79,712	86,267	0	33,999
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Endowment funds	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Total funds	40,554	79,712	86,267	0	33,999

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Endowment Funds 2023 £	Total 2023 £	Total 2022 £
3. Analysis of Donations					
Dalziel St Andrew's Parish Church	0	4,232	0	4,232	3,597
Daisy Park Centre	0	0	0	0	1,365
Voluntary Action	0	6,000	0	6,000	9,060
Chair Yoga	0	1,586	0	1,586	0
National Lottery Community Fund	0	62,270	0	62,270	44,034
Individual donations	0	1,475	0	1,475	210
Asda foundation	0	500	0	500	1,000
North Lanarkshire Council - Warm Spaces	0	3,649	0	3,649	5,474
	<u>0</u>	<u>79,712</u>	<u>0</u>	<u>79,712</u>	<u>64,740</u>

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Endowment Funds 2023 £	Total 2023 £	Total 2022 £
4. Analysis of Payments					
Salaries (incl NI, Tax & pensions))	0	69,463	0	69,463	61,680
Staff. Training	0	0	0	0	0
Accommodation Costs	0	1,750	0	1,750	1,750
Insurance	0	597	0	597	522
Printing/Stationery	0	0	0	0	0
Promotional Materials	0	0	0	0	0
Payroll Costs	0	660	0	660	810
Telephones	0	1,436	0	1,436	1,242
Warm Spaces initiative	0	3,288	0	3,288	800
BF Events/ Catering/Christmas/Outings/Bt	0	7,031	0	7,031	7,817
BF Networks	0	75	0	75	325
Misc	0	330	0	330	0
Equipment	0	1,637	0	1,637	206
	<u>0</u>	<u>86,267</u>	<u>0</u>	<u>86,267</u>	<u>75,152</u>
Governance costs					
Independent examiner's fees	0		0		0
Other payments					
Purchase of assets	0		0		0
	<u>0</u>		<u>0</u>		<u>0</u>